

	Position	Count	Total	Race 1			Race 2			Race 3a			Race 3b			Race 4			Race 5			Race 6			Race 7			Race 8			Race 9			Race 10		
				Hay parkrun			Wrekin Fell Race			Run Hereford 1/2			Run Hereford 10k			Suckley Quarter			Hundred House 10k			Bearwood XC			Pershore Plum Plod			Forest of Dean Half			Fan Fawr			Shrewsbury parkrun		
				Pos	Time	%	Pos	Time	%	Pos	Time	%	Pos	Time	%	Pos	Time	%	Pos	Time	%	Pos	Time	%	Pos	Time	%	Pos	Time	%	Pos	Time	%	Pos	Time	%
Eric Apperley	1st	5	544.82	2	00:18:39	122.77			0.00			0.00			0.00	3	00:37:11	103.98	2	00:29:46	104.77	2	00:34:22	106.37			0.00			0.00	1	00:16:55	106.94			
Sam Juson	2nd	4	476.25	1	00:16:34	138.21			0.00	1	01:12:55	110.99			0.00	2	00:33:36	115.07	1	00:27:51	111.98			0.00			0.00			0.00			0.00			
Rob Wood	3rd	6	405.48	22	00:28:37	80.01			0.00			0.00			0.00	38	00:57:31	67.22	132	00:46:50	66.59	127	00:54:03	67.63	514	02:11:46	56.52			0.00	242	00:26:48	67.50			
Gareth Leek	4th	4	404.34			0.00	5	00:43:05	101.42	2	01:17:04	105.01			0.00	5	00:38:46	99.73	6	00:31:46	98.17			0.00			0.00			0.00			0.00			
Steve Partridge	5th	4	326.71			0.00	48	00:57:08	76.48			0.00			0.00			0.00	32	00:36:30	85.44			0.00	141	01:39:06	75.15			0.00	30	00:20:11	89.63			
Kath Hardwick	6th	4	294.86			0.00			0.00			0.00			0.00			0.00	78	00:41:29	75.18			0.00	192	01:45:01	70.92	42	00:30:15	69.12	86	00:22:43	79.63			
Angus Kirby	7th	4	261.87	19	00:28:03	81.63			0.00			0.00	108	00:56:15	69.72			0.00			0.00	207	01:02:11	58.79	622	02:23:57	51.74			0.00			0.00			
Paul Lewis	8th	4	257.80			0.00			0.00			0.00			0.00	39	00:58:09	66.49	143	00:48:43	64.02	108	00:51:58	70.34	503	02:10:47	56.95			0.00			0.00			
Sue Wood	9th	4	228.27			0.00			0.00			0.00			0.00	70	01:07:05	57.63	178	00:55:46	55.92	169	00:58:03	62.97	623	02:23:57	51.74			0.00			0.00			
Tim Jones	10th	3	227.14	11	00:26:35	86.13	61	01:01:41	70.84			0.00			0.00			0.00			0.00			0.00			0.00	41	00:29:48	70.17			0.00			
Flora Gunner	11th	3	196.26			0.00	70	01:06:10	66.04			0.00			0.00	44	01:00:18	64.12			0.00			0.00			0.00	46	00:31:38	66.10			0.00			
Gary Gunner	12th	3	194.81	24	00:28:47	79.55	80	01:15:02	58.24			0.00			0.00			0.00			0.00			0.00			0.00	51	00:36:40	57.03			0.00			
Huw Williams	13th	3	190.38	31	00:31:59	71.59			0.00			0.00			0.00	61	01:05:14	59.27	163	00:52:24	59.52			0.00			0.00			0.00			0.00			
Grant Womack	14th	2	182.38			0.00			0.00	11	01:24:59	95.23			0.00			0.00	23	00:35:47	87.15			0.00			0.00			0.00			0.00			
Simon Norwood	15th	2	174.99			0.00			0.00			0.00			0.00			0.00	28	00:35:57	86.75			0.00			0.00			0.00	37	00:20:30	88.24			
Stephanie King	16th	3	174.57			0.00			0.00			0.00			0.00	174	01:09:29	61.32			0.00	164	00:52:26	59.48			0.00	569	02:18:30	53.77			0.00			
Nigel Taylor	17th	2	157.00			0.00			0.00			0.00			0.00			0.00	47	00:38:38	80.72			0.00	132	01:37:39	76.27			0.00			0.00			
Mike Hayward	18th	2	140.74	26	00:29:33	77.48			0.00			0.00	170	01:02:00	63.26			0.00			0.00			0.00			0.00			0.00			0.00			
Lisa Gray	19th	2	130.55	28	00:29:57	76.45			0.00	264	02:29:36	54.10			0.00			0.00			0.00			0.00			0.00			0.00			0.00			
Roland Preece	20th	2	128.93			0.00			0.00			0.00			0.00	50	01:01:54	62.46	133	00:46:55	66.47			0.00			0.00			0.00			0.00			
Liza Austin	21st	2	128.47			0.00			0.00			0.00			0.00	37	00:56:33	68.37			0.00			0.00	424	02:03:56	60.10			0.00			0.00			
Samantha Harper	22nd	2	123.73			0.00			0.00			0.00			0.00	56	01:03:48	60.60	149	00:49:24	63.13			0.00			0.00			0.00			0.00			
Mark Lamonby	23rd	1	104.54			0.00			0.00			0.00			0.00			0.00	3	00:29:50	104.54			0.00			0.00			0.00			0.00			
Alison Davies	24th	2	92.61	48	00:46:10	49.60			0.00			0.00			0.00			0.00			0.00			0.00			0.00	54	00:48:37	43.01			0.00			
Bronwyn Preece	25th	1	83.77	14	00:27:20	83.77			0.00			0.00			0.00			0.00			0.00			0.00			0.00			0.00			0.00			
Dave George	26th	1	80.34			0.00			0.00			0.00			0.00			0.00	50	00:38:49	80.34			0.00			0.00			0.00			0.00			
Kelly Bowen	27th	1	78.03			0.00			0.00			0.00			0.00			0.00	61	00:39:58	78.03			0.00			0.00			0.00			0.00			
Joseph Lynch	28th	1	77.97			0.00			0.00			0.00			0.00			0.00	62	00:40:00	77.97			0.00			0.00			0.00			0.00			
Rob Martin	29th	1	74.42	29	00:30:46	74.42			0.00			0.00			0.00			0.00			0.00			0.00			0.00			0.00			0.00			
James Bowers	30th	1	74.23			0.00			0.00			0.00			0.00			0.00			0.00			0.00	155	01:40:20	74.23			0.00			0.00			
Richard Coltart	31st	1	73.07			0.00			0.00			0.00			0.00			0.00	91	00:42:41	73.07			0.00			0.00			0.00			0.00			
Christina Pinto-Pearson	32nd	1	72.75			0.00			0.00			0.00			0.00			0.00	93	00:42:52	72.75			0.00			0.00			0.00			0.00			
Joanne Tilby	33rd	1	71.94			0.00			0.00			0.00			0.00			0.00	97	00:43:21	71.94			0.00			0.00			0.00			0.00			
Craig Price	34th	1	67.34			0.00			0.00	171	02:00:11	67.34			0.00			0.00			0.00			0.00			0.00			0.00			0.00			
Nicola Luscott	35th	1	67.19			0.00			0.00			0.00	133	00:58:22	67.19			0.00			0.00			0.00			0.00			0.00			0.00			
Oliver Cameron-Swann	36th	1	66.39			0.00			0.00			0.00			0.00			0.00			0.00			0.00			0.00			0.00	258	00:27:15	66.39			
Jo Marriott	37th	1	65.59			0.00			0.00			0.00			0.00			0.00			0.00			0.00	285	01:53:33	65.59			0.00			0.00			
James Pinto-Pearson	38th	1	63.97			0.00			0.00			0.00			0.00			0.00	144	00:48:45	63.97			0.00			0.00			0.00			0.00			
Mike Bending	39th	1	63.97			0.00			0.00			0.00			0.00			0.00			0.00			0.00	321	01:56:26	63.97			0.00			0.00			
Ian Price	40th	1	63.62			0.00			0.00	204	02:07:13	63.62			0.00			0.00			0.00			0.00			0.00			0.00			0.00			
Rachel Tyrrell	41st	1	63.25			0.00			0.00			0.00			0.00			0.00			0.00			0.00			0.00			0.00	316	00:28:36	63.25			
Oliver Marsh	42nd	1	62.56			0.00			0.00			0.00			0.00			0.00	153	00:49:51	62.56			0.00			0.00			0.00			0.00			
Frank Luscott	43rd	1	59.70			0.00			0.00			0.00			0.00			0.00			0.00			0.00			0.00			0.00	398	00:30:18	59.70			
Guy Whitmarsh	44th	1	59.23			0.00			0.00			0.00			0.00			0.00	166	00:52:39	59.23			0.00			0.00			0.00			0.00			
Anna Bromley	45th	1	55.91			0.00			0.00			0.00			0.00			0.00	179	00:55:47	55.91			0.00			0.00			0.00			0.00			
Hayley Colebatch	46th	1	54.10			0.00			0.00	263	02:29:36	54.10			0.00			0.00			0.00			0.00			0.00			0.00			0.00			
Sian Stack	47th	1	53.49			0.00			0.00	265	02:31:18	53.49			0.00			0.00			0.00			0.00			0.00			0.00			0.00			
Tom Davies	48th	1	49.60	47	00:46:10	49.60			0.00			0.00			0.00			0.00			0.00			0.00			0.00			0.00			0.00			
Emma Jones 2	49th	1	49.59			0.00			0.00	287	02:43:12	49.59			0.00			0.00			0.00			0.00			0.00			0.00			0.00			
Hayley Millichap	50th	1	46.58			0.00			0.00			0.00			0.00			0.00	189	01:06:57	46.58			0.00			0.00			0.00			0.00			