

<b>Name of event</b>	Leintahal Starkes Handicap events		<b>Date of risk assessment</b>	March 14 2024
<b>Date of event</b>	ongoing		<b>Assessors name</b>	Samantha Harper
<b>Location of event</b>	Leinthall Starkes, SY8 2HP. W3W: spending.headliner.slam (finish point)		<b>Date of review</b>	Sept 2025
<b>Host</b>	Croft Ambrey Running Club		<b>Reviewed by</b>	Sam Harper
<b>Nearest Defibrillator</b>	Red telephone box in Leintall Starkes (approx 200m from start line) W3W gazes.kinder.logs  On Route - St Mary's Church Elton W3W: mime.exist.interests			

The Hazard	Location of Hazard	Who is at risk	Likelihood	Severity	Exposure	Risk Value	Risk rating	Controls
Weather elements	The course	Runners, spectators and marshals	2	2	4	16	MED	Committee members will consult by facebook messenger committee group in week/days leading up to event on need to postpone due to weather conditions.
Struck by moving vehicle	On the route/start finish area	Runners/ marshalls/spectators/ Finish line officials	2	3	1	6	LOW	Caution runners signs will be put up around the route prior to the race start. Committee to discuss at prior meeting or via facebook messenger group on who is responsible for putting out signs The runners are aware the route is on open roads and will be reminded of this at the start. Listening to music is not permitted.
Getting lost	Going off the course	Runners	2	2	1	4	low	All new club members are given a briefing on the route the first time they attend their first Leinthall Starkes 5mile as either runner/spectator or assisting at the finishing line.
Risk of falling -trip hazard	On the course	Runners	2	2	2	8	LOW	The runners will be aware the route takes place on open roads and this comes with hazards such as pot holes.
Risk of medical emergency	On the course	Runners and anyone attending	2	3	1	6	LOW	A first aid kit will be at the start/ finish area of the race. Committee members and members first aid trained taking part in the race will be encouraged to run with a mobile phone. The mobile phone number of a runner at the finish line will be given to all members running with a phone. Runners will be encouraged to stop and help anyone in distress.

								<p>In the event of serious incident 999 should be called and the ambulance directed to <b>Leinthall Starks SY8 2HP</b>. What3Words <b>Spending.headliner.slam</b>. Or the what 3 words for where the casualty is sited</p> <p>The nearest defibrillator is identified at the top of this assessment . In the event of suspected cardiac symptoms or collapse, someone Should get the defibrillator and take it to the casualty.</p> <p>See below for more detailed instructions on medical emergency.</p> <p>In case of mild injury and the runner needs transport this will be arranged via phone with someone on the finish line</p>
<b>Additional information</b>	All marshalls to wear high viz clothing. First Aiders will be identifiable by wearing a high vis vest marked 'First Aider'							
<b>Notes on risk level methodology</b>	Likelihood is the likelihood of the hazard occurring; Severity is the impact of the hazard e.g. what injuries could it cause; Exposure is how frequently the hazard could impact the event. A risk level is allocated to each factor and multiplied together to give a risk value which is then translated to a risk rating.							
	<b>Risk level for likelihood</b>	1- Unlikely 2-Feasible 3-Probable 4- Inevitable						
	<b>Risk level of severity</b>	1- trivial 2-slight 3-Serious 4-Major						
	<b>Risk level for exposure</b>	1- irregular or isolated 2-occasional or limited 3- frequent or grouped 4-continuous or widespread						
	<b>Overall risk rating</b>	1-3 Minimal risk - maintain existing measures; 4-10 Low risk - Review measures to see if can reduce risk further; 11-20 Medium risk - look to improve risk management to further mitigate risk; 21+ High risk - improve measures and consider if should stop event						

Checklist for risk assessment

<input type="checkbox"/>	<p>The Race Director is aware of his responsibilities re cancellation of the event for extreme weather and:</p> <ul style="list-style-type: none"> <li>• Has the contact details (email and mobile) for nominated contacts at each participating Club</li> <li>• Has the contact details of the Croft Ambrey person tasked with posting an 'Event Cancelled' notice on gates of Croft Ambrey and starting area</li> </ul>
<input type="checkbox"/>	Someone is responsible for placing the caution runners and race directions signs before 6pm on the day of the event.
<input type="checkbox"/>	

In case of serious medical emergency/collapse:

The lead coach should ensure 999 has been called and the location of the casualty identified using the W3W app.

The casualty should be assessed and tended to by anyone with first aid training.

The lead coach should send someone to collect the defibrillator from the Red telephone box on the same side of the road as the start point: W3W **gazes.kinder.logs** or send 2 people in a car to ST Mary's Church, Elton W3W: **mime.exist.interests** where it is located in the layby by the pickett fence (see photos below)

First aid should be continued until emergency services arrive.

The lead coach should contact the casualty's emergency contact to inform them of the incident - available from Kelly Bowen or Sam Harper if not immediately available.



**Notes on risk level methodology:**

Likelihood is the likelihood of the hazard occurring;

Severity is the impact of the hazard e.g. what injuries could it cause;

First consider the likelihood of an event happening as Seldom, Occasionally or Frequently. Then the severity or seriousness if it did happen e.g. Slight, Medium or Major. Then look at the table below and see where the two assessments meet for the combined risk assessment. The table on the right then shows the action to be applied.

For example if Occasionally someone has a Slight injury the risk assessment is Acceptable.

		Severity			Risk Level	Action and timescale
		Slight L	Medium M	Major H		
Likelihood	Seldom L	L Trivial	L Acceptable	M Moderate	Acceptable	No further preventative action is necessary, but consideration should be given to cost-effective improvements. Monitoring is required to ensure, so far as reasonably practicable, that the controls are maintained.
	Occasionally M	L Acceptable	M Moderate	H Substantial	Moderate	Efforts should be made to reduce the risk, but the costs of prevention should be carefully considered. Risk reduction measures should normally be implemented as soon as is practicable.
	Frequently H	M Moderate	H Substantial	H High	Substantial	Activity should not be started until the risk has been reduced. Significant resources may have to be allocated to reduce the risk. Where the risk involves work in progress, the problem should be remedied as quickly as possible.
					High	Activity should not be started or continued until the risk level has been reduced. While the control measures should be cost-effective, the legal duty to reduce the risk so far as reasonably practicable is absolute.