

# Overall Positions

	Time	Full Name	Affiliation
1	00:50:16	Luke Mason	Wye Valley Runners
2	00:51:19	Matt James	Hereford Couriers
3	00:51:22	Jonathan Barnes	Wye Valley Runners
4	00:51:34	Graham Robinson	Sandhurst Joggers
5	00:53:03	Jonathan Pugh	BAD cc
6	00:53:15	John Pullen	Wye Valley Runners
7	00:54:06	Terry Conway	Bracknell Forest Runners
8	00:54:37	Adrian Woods	Mynydd Du
9	00:54:48	Stacey Morgan	Croft Ambrey
10	00:55:17	Stuart More	Wye Valley Runners
11	00:55:40	Eliot Taylor	Hereford Couriers
12	00:55:57	Jon Tetley	Hereford Triathlon Club
13	00:56:13	Richard Walsh	Worcester Athletics Club
14	00:56:52	Ian Lewis	
15	00:57:07	Jim Hicks	Wye Valley Runners
16	00:57:22	Mike Link	Hereford Couriers
17	00:57:37	Dave Williams	Hereford Couriers
18	00:57:52	Luke Williams	Hereford Couriers
19	00:57:54	Carl Gilmour	Hay Hotfooters
20	00:58:08	David Rouse	Croft Ambrey
21	00:58:15	Annie Baumber	Bracknell Forest Runners
22	00:58:38	Phil Miles	Parc Bryn Bach
23	00:58:43	Ann Nixon	FODAC
24	00:58:53	Glyn Williams	Presteigne Pacers
25	00:59:01	Stephen Vaughan	
26	00:59:02	Martin Chamblings	Parc Bryn Bach
27	00:59:34	Chris Midgely	Almost Athletes
28	01:00:09	Andrew Noble	Wye Valley Runners
29	01:00:17	Kim Mazzucca	FODAC
30	01:00:18	Nick Hitchings	Malvern Joggers
31	01:00:37	Geoff Kay	Hereford Couriers
32	01:00:48	Ashley Davis	
33	01:00:54	Richard Hookham	Malvern Joggers
34	01:00:58	Chris Fletcher	Wye Valley Runners
35	01:01:01	Neil Herron	Black Pear Joggers
36	01:01:05	Matt Semple	
37	01:01:13	Paul Foster	
38	01:01:25	Neil Lewis	Hereford Couriers
39	01:01:49	Paul Boustow	Wye Valley Runners
40	01:01:53	Craig Bone	Amazing Feet
41	01:01:55	Jonathan Green	Malvern Joggers
42	01:01:58	Peter Townsend	
43	01:02:11	Kenneth Norgate	Wye Valley Runners
44	01:02:11	Frank Cooper	
45	01:02:14	Daniel Barnett	Croft Ambrey

46	01:02:21	Archie Hustwayte	
47	01:02:36	Steve Herrington	Hereford Couriers
48	01:02:42	Mark Lewis	
49	01:03:18	James Fletcher	
50	01:03:27	Crispin Fisher	
51	01:03:35	Rob Cleghorn	Wye Valley Runners
52	01:03:36	Kenneth sears	Almost Athletes
53	01:03:47	Jenny Gray	Sandhurst Joggers
54	01:04:00	Neil Powell	Croft Ambrey
55	01:04:07	Philip Jones	Presteigne Pacers
56	01:04:08	Paddy Nugent	Wye Valley Runners
57	01:04:11	Curtis Morton	
58	01:04:13	Matt Baumber	Almost Athletes
59	01:04:14	Paul Saville	
60	01:04:19	John Amos	Amazing Feet
61	01:04:25	Bradley Crouch	Tewkesbury AC
62	01:04:57	Jason Ashmead	
63	01:05:08	Clara Evans	Hereford and County Athletic Club
64	01:05:23	Scott Baddeley	
65	01:05:39	David Smout	Parc Bryn Bach
66	01:05:55	Mark Worthing	
67	01:06:03	Tricia Wright	Hereford Triathlon Club
68	01:06:11	Antony Wade	
69	01:06:12	Dean Gregory	Amazing Feet
70	01:06:13	David Whymant	Amazing Feet
71	01:06:18	Chris Winchcombe	Almost Athletes
72	01:06:25	Nigel Clarke	
73	01:06:26	Daniel Cook	
74	01:06:28	Philip Jackson	Malvern Joggers
75	01:06:30	Dale Garner	Just Get On With It
76	01:06:36	Matt Moffatt	
77	01:06:44	Paul Blagbrough	
78	01:06:48	Paul Mason	Tewkesbury AC
79	01:06:50	Nathan Fryer-Jones	Hereford Triathlon Club
80	01:07:02	Andrew Yates	Almost Athletes
81	01:07:04	Nikki Edwards	Hereford Couriers
82	01:07:11	Dennis Clarke	Cocksmoor Woods
83	01:07:12	Garth Taylor	
84	01:07:13	Ian Smith	Wye Valley Runners
85	01:07:14	Luned Jones	
86	01:07:15	Lisa Hughes	Cocksmoor Woods
87	01:07:35	Tom Russell	Parc Bryn Bach
88	01:07:39	Duncan Mounsor	Almost Athletes
89	01:07:42	Tommy Houghton	
90	01:08:00	Mike Lewis	
91	01:08:04	Lorna Shaw	Chepstow Harriers
92	01:08:05	Amanda Evans	Malvern Joggers
93	01:08:21	Alan Glazzard	

94	01:08:27	Jon Hodges	
95	01:08:31	Chris Stanners	
96	01:08:34	Carl Stevenson	
97	01:08:39	Dave Elliot	Almost Athletes
98	01:08:40	Mark Bailey	Amazing Feet
99	01:08:57	Richard Danks	
100	01:09:01	Ian Dyson	Malvern Joggers
101	01:09:07	Bryan Davies	Croft Ambrey
102	01:09:11	Gareth Layton-Morris	
103	01:09:21	David Fletcher	Wye Valley Runners
104	01:09:28	Martin Carter	Hay Hotfooters
105	01:09:30	Gary Lewis	Presteigne Pacers
106	01:09:30	Phil Jones	Presteigne Pacers
107	01:09:52	Scot Garner	Just Get On With It
108	01:10:01	Will Bowen	Ful on Tri
109	01:10:05	Nicky Turvey	Croft Ambrey
110	01:10:09	Sharon Woods	Mynydd Du
111	01:10:21	Steve Weale	
112	01:10:37	Stuart Brown	Malvern Joggers
113	01:10:44	Mark Cullum	
114	01:10:56	John Short	Shropshire Shufflers
115	01:11:05	Stephen Williams	Almost Athletes
116	01:11:11	Paul Mammatt	
117	01:11:15	Colin Allen	Just Get On With It
118	01:11:17	Edward Munro	Almost Athletes
119	01:11:20	Sven Ojwang	
120	01:11:21	Steven Adams	Almost Athletes
121	01:11:22	Bryan Lloyd	
122	01:11:27	Glen Norton	Just Get On With It
123	01:11:39	David Morris	
124	01:11:40	Amanda Dawson	Malvern Joggers
125	01:11:44	Christopher Crowley	
126	01:11:45	Andrew Hodgeson	
127	01:11:46	Ian Hall	Amazing Feet
128	01:11:53	Nicola Goodwin	Hereford Triathlon Club
129	01:11:57	Tim berrow	Big Willy Striders
130	01:12:00	Gary Powell	Almost Athletes
131	01:12:03	Nikki O'brien	
132	01:12:08	Geraldeen Lynch	Amazing Feet
133	01:12:20	Richard Gilbert	Almost Athletes
134	01:12:31	Andrew Wathen	
135	01:12:51	John McCauley	
136	01:12:57	Clyde Smith	Wye Valley Runners
137	01:12:59	Martyn Adams	
138	01:13:05	Chris Mason	Wye Valley Runners
139	01:13:17	Pru Napolitano	Presteigne Pacers
140	01:13:32	Frank Luscott	Croft Ambrey
141	01:13:49	Sonia George	Ludlow Runners

142	01:13:57	John Price	Hay Hotfooters
143	01:14:07	Alex Champ	Wye Valley Runners
144	01:14:09	Bryn Morgan	
145	01:14:25	Nicholas Martin	
146	01:14:35	Wayne Lewis	
147	01:14:44	Jacky Miles	Parc Bryn Bach
148	01:14:44	Andrew Hinksman	
149	01:14:50	David Rouse	Croft Ambrey
150	01:14:53	Julie Caseley	Malvern Joggers
151	01:14:56	Russell Breen	
152	01:15:14	Mike Shaw	Wye Valley Runners
153	01:15:26	Sara Atkinson	Tathenhay Runners
154	01:15:29	Jacque Purdy	
155	01:15:33	Jim Whelan	Witney Road Runners
156	01:15:38	Jason Smith	Wye Valley Runners
157	01:15:43	Rita Tomkins	Presteigne Pacers
158	01:15:49	Kelvin Henley	
159	01:15:52	Simon Lawrence	Hereford Couriers
160	01:16:01	Richard Wheeler	
161	01:16:03	Keith Williams	Hereford Triathlon Club
162	01:16:07	Theo Victor-Trott	
163	01:16:10	Ally Wilson	
164	01:16:11	Guy Homan	Arsenal
165	01:16:39	Christopher Weale	
166	01:16:45	Alistair Walsh	
167	01:17:11	Rob Hume	Almost Athletes
168	01:17:13	Jane Pugh	Action Heart
169	01:17:15	Samantha Gardiner	
170	01:17:15	Lisa Ward	
171	01:17:19	Julian Jones	
172	01:17:19	Tom Davies	Croft Ambrey
173	01:17:48	Sandra Baycroft	
174	01:17:52	Julian Parry	
175	01:17:58	Ian Lancaster	
176	01:18:07	Andy Moore	Wye Valley Runners
177	01:18:09	Serena Crump	Wye Valley Runners
178	01:18:12	Leah Mason	Wye Valley Runners
179	01:18:22	Dianne Wynne	Vegan Runners UK
180	01:18:24	Sharon Edelstyn	Hereford Triathlon Club
181	01:18:25	Matthew Baker	
182	01:18:31	Amelia Sinclair	
183	01:18:31	Kate Hollingsworth	
184	01:18:37	Sheryl Evans	Hereford and County Athletic Club
185	01:18:41	Colin Downey	Dudley Kingswinford
186	01:18:45	Gerald sanders	Amazing Feet
187	01:18:47	Martin Pearce	
188	01:18:50	Ali Evetts	RSAC
189	01:18:51	Emma Benjamin	

190	01:18:59	Kevin Dutton	
191	01:19:02	Luke Paton	
192	01:19:08	Lynne Shepley	Stone Master Mara
193	01:19:19	Christpher Jolley	Malvern Joggers
194	01:19:19	Lynne Compton	Wye Valley Runners
195	01:19:25	Hester Davis	Almost Athletes
196	01:19:37	Frank Shepley	Stone Master Mara
197	01:19:37	Angela Price	Hay Hotfooters
198	01:19:52	Martin Reynolds	
199	01:21:10	Paul Martin	
200	01:21:19	Greg Edwards	
201	01:21:26	Ellen Kenny	Almost Athletes
202	01:22:10	Derek Hammond	
203	01:22:13	Philip White	Almost Athletes
204	01:23:01	Tina Lavelle	Hay Hotfooters
205	01:23:04	Emily Davies	Wye Valley Runners
206	01:23:09	Jenny Sykes	Hereford Triathlon Club
207	01:24:21	Jenifer Shaw	
208	01:24:36	Sarah Petts	
209	01:24:36	Matt Petts	
210	01:25:05	Mark Watkins	
211	01:25:07	Deborah Clifford	Wye Valley Runners
212	01:25:09	Eve McDonald	Hay Hotfooters
213	01:25:16	Alison Hume	Almost Athletes
214	01:25:19	Philip Clifford	Wye Valley Runners
215	01:25:29	Ian Mark Skyrme	
216	01:25:36	Susan Harris	Black Pear Joggers
217	01:26:13	Jan Edwards	Wye Valley Runners
218	01:26:13	Adrian Wynne	Vegan Runners UK
219	01:26:30	Richard Nugent	
220	01:27:01	Graham Hall	Cocksmoor Woods
221	01:27:29	Victoria Lewis	
222	01:27:40	Hyde Allan	
223	01:27:41	Finn Mullen	
224	01:27:42	Thom Roberts	
225	01:27:54	Rebekah Stephens	Almost Athletes
226	01:27:59	Alison Brewer	Wye Valley Runners
227	01:28:16	Natasha Webb	
228	01:28:24	Tessa Meek	
229	01:28:25	Amanda Fox	
230	01:28:31	Sherie Harding	
231	01:28:43	John Holdroyd	Wye Valley Runners
232	01:28:51	Mark Sykes	Hereford Triathlon Club
233	01:29:13	Simon Darton	Wye Valley Runners
234	01:29:18	Sara Short	Shropshire Shufflers
235	01:29:24	Maxine Merrell	
236	01:29:39	Catherine Holdroyd	Wye Valley Runners
237	01:29:47	John Haynes	

238	01:29:47	Emma Haynes	
239	01:30:15	Darren Young	Islwyn R C
240	01:30:32	Joe Kennedy	Wye Valley Runners
241	01:31:08	Rachel Jones	Hay Hotfooters
242	01:31:53	Barrie Morgan	Wye Valley Runners
243	01:31:59	Alison Hall	Wye Valley Runners
244	01:32:41	Joanna Harthen	Hereford Triathlon Club
245	01:33:26	Cate Percival	Croft Ambrey
246	01:34:23	Louise Edwards	Wye Valley Runners
247	01:34:32	Michael King	Nailsea RC
248	01:35:03	Chloe Barrett	
249	01:35:13	Sarah Wildig	
250	01:35:28	Ian Evetts	
251	01:35:40	Liz Jones	
252	01:35:40	Rob Brown	
253	01:35:42	Ruth Morgan	Black Pear Joggers
254	01:35:44	Leah Balley	
255	01:35:47	Karen Mason	Tewkesbury AC
256	01:36:11	Dave Cooter	
257	01:36:25	Simon Danks	
258	01:36:27	Cathy Morgan	
259	01:36:27	Darren Hoskins	Wye Valley Runners
260	01:37:43	Jayne Cresswell	Malvern Joggers
261	01:38:45	Brian Symonds	
262	01:40:44	Paul Marks	
263	01:41:06	Robert Cotton	Almost Athletes
264	01:41:06	Catherine Cotton	Almost Athletes
265	01:42:48	Nicola McMillan	
266	01:44:15	Paul Swift	Just Get On With It
267	01:44:15	Joanne Garner	Just Get On With It
268	01:44:52	Sam Jones	
269	01:45:39	Katrina davies	
270	01:47:28	Maggie Morris	
271	01:52:45	Traci Hissey	