

## Shobdon Wood Results – April 17<sup>th</sup>, 2011

\* new record

	<b>TIME</b>	<b>NAME</b>	<b>CLUB</b>	<b>CAT</b>	
1	33.46	Jon Pugh	Builth & District	SM	1st M
2	34.41	Luke Mason	Wye Valley	SM	2nd M
3	*35.12	John Pullen	Wye Valley	MV40	3rd M
4	36.16	Andy Davies	Mercia	MV40	1st MV40
5	*37.07	Gwynant Jones	U/A	JM	1st Junior
6	*37.57	Chris Penny	Mercia	MV50	1st MV50
7	38.50	Neil Powell	Croft Ambrey	MV40	
8	39.02	Mark Bayliss	Worcester AC	MV45	1st MV45
9	40.14	Jonathan Green	Malvern Joggers	MV50	
10	40.27	Glyn Williams	Presteigne Pacers	SM	
11	40.53	Patrick Pearson	Croft Ambrey	MV40	
12	*41.05	Steve Herington	Hereford Couriers	MV60	1st MV60
13	41.12	Mel Price	Mercia	FV35	1st F
14	41.37	Neil Lewis	Hereford Couriers	MV40	
15	41.45	Martin Carter	Hay Hotfooters	MV45	
16	41.53	Emma Gould	Serpentine RC	SF	2nd F
17	42.42	Peter Johnson	Mercia	MV55	1st MV55
18	43.27	Antony Wade	U/A	MV40	
19	43.37	Andrew T Davies	Telford AC	MV60	
20	43.39	Alan Macdonald	Telford AC	MV55	
21	43.41	John Parry	Builth & District	MV55	
22	44.00	Neil Lawrence	Builth & District	SM	
23	44.02	Paul Elliott	Ludlow Runners	MV45	
24	44.24	Paul Bouston	Wye Valley	MV40	
25	44.30	Gary Lewis	Presteigne Pacers	MV40	
26	44.45	Gary Gunner	Croft Ambrey	MV65	1st MV65
27	*44.56	Alison Cooke	Hereford Couriers	FV50	3rd F
28	45.15	Matt Moffatt	Croft Ambrey	SM	
29	45.25	Richard Chamberlain	Shropshire Shufflers	MV45	
30	45.26	Eilish Gilbert	Ludlow Runners	JF	1st JF
31	45.27	David Whymant	Amazing Feet	MV65	
32	45.34	Matthew Chalkley	U/A	MV40	
33	46.09	Matthew Samuel	Builth & District	SM	
34	46.09	Theo Victor-Trott	Wye Valley	JM	
35	46.14	Anne-Marie Harris	Mynydd Du	FV40	1st FV40
36	46.22	Kevin Barnes	Hereford Couriers	MV45	
37	46.47	Jenny Weare	U/A	FV40	
38	47.01	Greg Wood	U/A	SM	
39	47.03	Ken Buckle	Cheltenham & County	MV65	
40	47.11	Neil Collins	Ludlow Runners	MV55	
41	47.17	Celia Speake	Builth & District	FV40	
42	47.26	David Gould	West Brom Harriers	MV55	
43	47.32	Ann Kerby-Collins	Ludlow Runners	FV45	1st FV45
44	48.01	Helen Carter	Presteigne Pacers	FV45	
45	48.08	Mike Woodyatt	Cox Moors Woods	MV50	
46	48.35	Malcolm Edwards	Wye Valley	SM	
47	48.53	John Price	Hay Hotfooters	MV50	
48	49.15	Dave Moss	Croft Ambrey	MV40	
49	49.21	Dave Lloyd	Presteigne Pacers	MV55	
50	49.30	Shannon Gilbert	Ludlow Runners	JF	

51	49.45	Marc Dowse	Builth & District	SM	
52	49.50	Tom Davies	Croft Ambrey	MV60	
53	49.52	Jon Mclaurin	U/A	SM	
54	49.54	Ruth Dodwell	U/A	SF	
55	49.59	Cie Slade-Jones	U/A	FV40	
56	50.12	Bill Griffiths	Wye Valley	MV60	
57	51.00	Graham Wood	Ludlow Runners	MV50	
58	51.17	Angela Price	Hay Hotfooters	FV40	
59	51.32	Rachel Butler	Maldwyn Harriers	FV45	
60	51.33	Jabez Dyer	Croft Ambrey	SM	
61	52.32	Leah Mason	Wye Valley	SF	
62	52.32	David Rouse	Croft Ambrey	MV55	
63	52.36	Andy Shorthouse	Cox Moors Woods	SM	
64	52.45	Rita Tomkins	Presteigne Pacers	FV50	1 <sup>st</sup> FV50
65	52.47	Peter Cooke	Mercia	MV45	
66	52.48	Les Chamberlain	Wye Valley	MV60	
67	52.59	Sarah Jamieson	Ludlow Runners	FV40	
68	53.30	Piotr Strlesak	Presteigne Pacers	MV55	
69	53.35	Chris Jolley	U/A	MV50	
70	53.36	Emma Bingham	U/A	SF	
71	54.09	Sue Powell	Croft Ambrey	FV45	
72	54.50	Geoff Cowell	Mercia	MV50	
73	55.01	Kate Hovers	Brecon Tri	FV50	
74	55.03	R Robinson	U/A	MV40	
75	55.23	Rachel Nelson	Croft Ambrey	FV40	
76	55.28	Sam Harper	U/A	FV35	
77	55.29	Roger Lloyd	Mercia	MV50	
78	55.32	Ruth Mason	Wye Valley	FV50	
79	55.33	Ian Lancaster	Wye Valley	SM	
80	55.35	Christine Bartholomew	Builth & District	SF	
81	56.11	Christine Motteram	Wye Valley	FV65	
82	56.09	Jill Hillman	Maldwyn Harriers	FV50	
83	56.12	Don Lovejoy	Ludlow Runners	MV55	
84	56.25	Paul Weston	U/A	MV55	
85	56.30	Joanne Mann	U/A	FV40	
86	56.41	Martin Tyler	Cox Moors Woods	MV50	
87	57.27	Jayne Breeze	U/A	FV35	
88	57.42	Helen Owen	Maldwyn Harriers	FV40	
89	58.22	Ian Edwards	Wye Valley	MV55	
90	58.35	Elisabeth Owen	Maldwyn Harriers	FV40	
91	58.41	Steve Orrells	Maldwyn Harriers	MV55	
92	58.44	Darren Hoskins	Wye Valley	SM	
93	58.44	Louise Edwards	Wye Valley	FV35	
94	59.09	Terry Evans	Presteigne Pacers	MV40	
95	60.26	Beth Norwood	Ludlow Runners	SF	
96	60.26	Sonia George	Ludlow Runners	FV35	
97	60.34	Alan Hodgkiss	Telford AC	MV65	
98	61.19	Mark Freake	Presteigne Pacers	MV45	
99	62.22	Rachel Jones	Hay Hotfooters	FV40	
100	63.08	P Evans	U/A	SM	
101	63.12	Peter Hogarth	Maldwyn Harriers	MV60	
102	63.52	June Jones	Maldwyn Harriers	FV35	
103	64.58	Shaun Emms	Hay Hotfooters	MV70	
104	65.09	Ann Cruse	Ludlow Runners	FV60	1 <sup>st</sup> FV55

105	65.37	Denise Bowden	Ludlow Runners	FV45
106	66.51	Denise Chamberlain	Shropshire Shufflers	FV40
107	66.56	Charlotte Williams	Maldwyn Harriers	FV45
108	67.04	Caroline Orrells	Maldwyn Harriers	FV50
109	67.31	Tim Victor-Trott	U/A	MV50
110	67.33	Annette Gilbert	U/A	FV45
111	68.19	Pam Campbell	U/A	FV40
112	69.21	David Jenkins	BRAT	MV45
113	69.56	Joanne Preece	Presteigne Pacers	FV40
114	69.59	Deb Clee	Presteigne Pacers	FV35
115	70.12	Deb Bufton	Ludlow Runners	FV45
116	72.40	Carrol Stocker	Presteigne Pacers	FV55
117	72.47	Maggie Morris	Ludlow Runners	FV45

1<sup>st</sup> Female team: Ludlow Runners (Eilish Gilbert, Shannon Gilbert, Ann Kerby-Collins)

1<sup>st</sup> Male team: Mercia Fell Runners (Andy Davies, Chris Penny, Peter Johnson)