

Shobdon Wood results – 22 April 2012

Pos	Time	Name	Club	Cat	
1	33.17	Jon Pugh	Builth&District	SM	1 st SM
2	33.23	James Baird	Barrow	SM	2 nd SM
3	35.16	Gwynant Jones	Maldwyn Harriers	JM	3 rd SM
4	36.52	Eliot Taylor	Couriers	SM	
5	38.00	Mike Link	Couriers	MV40	1 st MV40
6	38.15	Stuart Moore	Wye Valley	MV40	
7	38.25	Alan Lewis	Wye Valley	MV40	
8	39.42	Stewart Bellamy	Mercia	MV40	
9	40.02	Andrew Noble	Wye Valley	MV45	1 st MV45
10	40.05	Richard Bevan	Monross Trailblazers	SM	
11	40.12	Mel Price	Mercia	FV35	1 st SF
12	40.38	Glyn Williams	Croft Ambrey	MV40	
13	41.11	Martin Carter	Hay Hotfooters	MV45	
14	41.41	Edward Davies	Maldwyn Harriers	MV55	1 st MV50
15	41.49	Matt Woodyatt	Cocks Moors Woods	SM	
16	41.59	Jo Gascoigne-Jones	Alnwick Harriers	SF	2 nd SF
17	42.06	Mick Ligema	Croft Ambrey	MV55	1 st MV55
18	42.21	Steve Herington	Couriers	MV60	1 st MV60
19	43.01	Martin Callaghan	Ludlow Runners	MV40	
20	43.25	Steve Littlewood	Couriers	MV60	
21	43.30	Gary Lewis	Presteigne Pacers	MV40	
22	43.31	John Lyden	Ludlow Runners	MV50	
23	43.39	Luned Jones	Chepstow Harriers	SF	3 rd SF
24	43.44	John Taylor	Newport & District	MV45	
25	43.47	Matt Taylor	Wye Valley	SM	
26	44.15	Ade Brown	Presteigne Pacers	MV40	
27	44.16	Scott Baddeley	Wye Valley	MV40	
28	44.25	Ashley Cooke	Croft Ambrey	MV55	
29	44.30	Fleur Ross-Harris	U/A	SF	
30	44.46	Mike Morris	Monross Trailblazers	SM	
31	45.00	Paul Bouston	Wye Valley	MV40	
32	45.08	Stuart Morris	Alnwick Harriers	SM	
33	45.27	Kim Braznell	Mercia	FV55	1 st FV35
34	45.36	Gary Gunner	Croft Ambrey	MV65	1 st MV65
35	45.57	Richard Chamberlain	Shrops Shufflers	MV45	
36	46.09	Tim Dodwell	U/A	SM	
37	46.13	Nigel Clarke	Couriers	MV40	
38	46.32	Lorna Shaw	Chepstow Harriers	FV50	1 st FV40
39	46.45	Dennis Clarke	Cocks Moors Woods	MV40	
40	46.47	Brian Lloyd	U/A	MV50	
41	46.52	Hedd Jones	Wye Valley	SM	
42	46.57	Helen Carter	Presteigne Pacers	FV45	1 st FV45
43	47.00	Marc Dowse	Builth&District	SM	
44	47.26	Neil Collins	Ludlow Runners	MV55	
45	47.39	Sarah Askey	U/A	FV45	
46	47.41	Ian Smith	Wye Valley	MV50	

47	47.45	Mike Woodyatt	Cocks Moors Woods	MV50
48	47.54	Tom Davies	Croft Ambrey	MV60
49	48.01	Kevin Barnes	Couriers	MV45
50	48.03	Frank Luscott	Croft Ambrey	MV55
51	48.05	Mike Shaw	Wye Valley	MV60
52	48.07	Pru Napolitano	Presteigne Pacers	FV55 1 st FV55
53	48.14	Hugh Morgan-Jones	U/A	MV50
54	48.48	Clive Rowberry	Couriers	MV55
55	48.49	Colin Downey	Stourbridge RC	MV50
56	48.53	Andy Shorthouse	Cocks Moors Woods	SM
57	49.00	Ralph Lloyd	Wye Valley	MV45
58	49.20	Andrew Blackman	Wye Valley	MV50
59	49.28	Graham Hall	Cocks Moors Woods	MV60
60	49.33	Peter Smith	Wye Valley	MV60
61	49.35	Ashley Robinson	Croft Ambrey	MV60
62	49.56	Rita Tomkins	Presteigne Pacers	FV50 1 st FV50
63	50.16	Annie Ransome	Wye Valley	SF
64	50.17	Angela Price	Hay Hotfooters	FV40
65	50.28	John Price	Hay Hotfooters	MV55
66	50.38	Olivia Sawyer	Wye Valley	SF
67	51.02	Bill Griffiths	Wye Valley	MV60
68	51.10	Piotr Strzesak	Presteigne Pacers	MV55
69	51.15	Jan Edwards	Wye Valley	FV55
70	51.40	Sam Harper	Croft Ambrey	FV35
71	51.47	Tony Davis	Cocks Moors Woods	MV55
72	51.48	David Manuel	Maldwyn Harriers	SM
73	51.49	David Rouse	Croft Ambrey	MV55
74	52.35	Dave Moss	Croft Ambrey	MV40
75	52.41	David Lloyd	Halesowen	MV60
76	52.50	Clive Richardson	Ludlow Runners	MV55
77	52.53	Martyn Rosser	Hay Hotfooters	MV60
78	52.57	Sonia George	Ludlow Runners	FV35
79	53.02	Sandy Ross	Ludlow Runners	MV60
80	53.14	Les Chamberlain	Wye Valley	MV60
81	53.33	Brian Symonds	Wye Valley	MV65
82	53.34	Jason Stuchbery	Ludlow Runners	MV40
83	53.35	Jo Lord	Hay Hotfooters	FV45
84	55.23	Terry Evans	Presteigne Pacers	MV45
85	55.24	Peter Cooke	Mercia	MV45
86	55.25	Ros Lloyd	Wye Valley	SF
87	55.25	Gareth Roberts	Presteigne Pacers	MV40
88	55.27	Steve Orrells	Maldwyn Harriers	MV55
89	55.27	Rachel Jones	Hay Hotfooters	FV40
90	56.02	Chris Jolley	Malvern Joggers	MV50
91	56.16	Christine Bartholomew	Builth&District	SF
92	56.17	Bethany Norwood	Ludlow Runners	SF
93	56.22	Victoria Woodhall	Wye Valley	FV35
94	56.26	Ian Fraser	Maldwyn Harriers	MV50
95	57.56	Sarah Wilding	Presteigne Pacers	FV45
96	58.01	Becky Hillman	Maldwyn Harriers	SF

97	58.31	Roger Lloyd	Mercia	MV50
98	58.37	Alan Hodgkiss	Telford AC	MV65
99	58.41	Sue Powell	Croft Ambrey	FV50
100	60.06	Debi Clifford	Wye Valley	FV45
101	60.09	Phil Clifford	Wye Valley	MV45
102	60.24	Jill Hillman	Maldwyn Harriers	FV50
103	60.50	Mark Freake	Presteigne Pacers	MV45
104	61.01	Cally Peters	U/A	FV45
105	61.07	Pip Frost	U/A	FV55
106	62.12	Peter Hogarth	Maldwyn Harriers	MV60
107	62.15	Don Lovejoy	Ludlow Runners	MV55
108	62.19	Donna Evans	Presteigne Pacers	FV45
109	64.13	Jo Preece	Presteigne Pacers	FV45
110	64.19	Diane Jones	U/A	FV45
111	64.26	Paula Randell	Presteigne Pacers	SF
112	64.55	Sue Lewis	Presteigne Pacers	FV50
113	66.49	Shaun Emms	Hay Hotfooters	MV70
114	67.40	Denise Chamberlain	Shrops Shufflers	FV40
115	68.41	Anne Cruse	Ludlow Runners	FV60
116	68.43	Paul Hillman	Maldwyn Harriers	MV55
117	70.42	Marilyn Hunt	Oswestry Olympians	FV40
118	75.51	Carol Stocker	Presteigne Pacers	FV55

Russell James DNF

Team results: Women – (1) Presteigne Pacers 26pts; (2) Wye Valley (38pts)
Men - (1) Wye Valley (22pts); (2) Hereford Couriers(27pts)