

Hereford Cross Country League 2008-09

RACE 5		<u>PRESTEIGNE</u>	<u>MEN</u>	<u>Date</u>	<u>Feb. 1st. '09</u>
<u>Pos</u>	<u>Team</u>	<u>Race Scores</u>	<u>Series Points</u>	<u>Total Scores</u>	
1	WYE VALLEY RUNNERS	16	20	100	
2	HEREFORD COURIERS	50	19	95	
3	LEDBURY & DISTRICT HARRIERS	57	18	83	
4	CROFT AMBREY R.C.	69	17	88	
5	WYE VALLEY RUNNERS 'B'	77	16	79	
6	HEREFORD COURIERS 'B'	102	15	73	
7	PRESTEIGNE PACERS	140	14	49	
8	RHAYADER A.C.	141	13	29	
9	LUDLOW RUNNERS	143	12	69	
10	CROFT AMBREY R.C. 'B'	159	11	53	
11	WYE VALLEY RUNNERS 'C'	160	10	49	
12	HEREFORD COURIERS 'C'	184	9	41	
13	WYE VALLEY RUNNERS 'D'	211	8	30	
	HEREFORD TRIATHLON CLUB	X	X	53	
	LUDLOW RUNNERS 'B'	X	X	29	
	LUDLOW RUNNERS 'C'	X	X	18	
	WYE VALLEY RUNNERS 'E'	X	X	16	
	HEREFORD COURIERS 'D'	X	X	7	
	CROFT AMBREY R.C. 'C'	X	X	5	
RACE 5		<u>PRESTEIGNE</u>	<u>WOMEN</u>	<u>Date</u>	<u>Feb.1st.'09</u>
<u>Pos</u>	<u>Team</u>	<u>Race Scores</u>	<u>Series Points</u>	<u>Total Scores</u>	
1	HEREFORD COURIERS	12	10	50	
2	HEREFORD & COUNTY A.C.	18	9	27	
3	CROFT AMBREY R.C.	32	8	41	
4	HEREFORD TRIATHLON CLUB	54	7	28	
5	WYE VALLEY RUNNERS	65	6	20	
6	LUDLOW RUNNERS	76	5	27	
7	RHAYADER A.C.	92	4	4	
	BUILTH & DISTRICT RUNNERS	X	X	12	
	LUDLOW RUNNERS 'B'	X	X	10	
	PRESTEIGNE PACERS	X	X	9	
	HEREFORD TRIATHLON CLUB 'B'	X	X	8	
	WYE VALLEY RUNNERS 'C'	X	X	2	
	CROFT AMBREY R.C. 'B'	X	X	1	