

Hereford Cross Country League 2009-10

<u>RACE 4</u>	<u>MONKHALL FARM</u>	<u>MEN</u>	<u>Date</u>
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<u>Pos</u>	<u>Team</u>	<u>Race Scores</u>	<u>Series Points</u>
1	WYE VALLEY RUNNERS	35	20
2	HEREFORD COURIERS	42	19
3	LEDBURY & DISTRICT HARRIERS	61	18
4	HEREFORD TRIATHLON CLUB	83	17
5	HEREFORD COURIERS 'B'	89	16
6	CROFT AMBREY R.C.	107	15
7	WYE VALLEY RUNNERS 'B'	112	14
8	PRESTEIGNE PACERS	167	13
9	HEREFORD COURIERS 'C'	184	12
10	WYE VALLEY RUNNERS 'C'	197	11
11	HAY HOTFOOTERS	198	10
12	CROFT AMBREY R.C. 'B'	202	9
13	HEREFORD TRIATHLON CLUB 'B'	214	8
14	LUDLOW RUNNERS	218	7
15	WYE VALLEY RUNNERS 'D'	250	6
	CROFT AMBREY R.C. 'C'	X	X
	BUILTH & DISTRICT RUNNERS	X	X
	RHAYADER A.C.	X	X
	LEDBURY&DISTRICT HARRIERS 'B'	X	X
	WYE VALLEY RUNNERS 'E'	X	X

<u>Race 4</u>	<u>MONKHALL FARM</u>	<u>WOMEN</u>	<u>Date</u>
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<u>Pos.</u>	<u>Team</u>	<u>Race Scores</u>	<u>Series Points</u>
1	HEREFORD COURIERS	14	10
2	WYE VALLEY RUNNERS	22	9
3	HEREFORD TRIATHLON CLUB	25	8
4	LEDBURY & DISTRICT HARRIERS	37	7
5	CROFT AMBREY R.C.	45	6
6	WYE VALLEY RUNNERS 'B'	61	5
7	HEREFORD TRIATHLON CLUB 'B'	76	4
8	HAY HOTFOOTERS	83	3
9	WYE VALLEY RUNNERS 'C'	90	2
10	HAY HOTFOOTERS 'B'	117	1
	HEREFORD & COUNTY A.C.	X	X
	BUILTH & DISTRICT RUNNERS	X	X
	LUDLOW RUNNERS	X	X
	PRESTEIGNE PACERS	X	X

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	RHAYADER A.C.	X	X

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Feb. 7th. 2010

Total

79

77

70

62

64

64

56

40

45

45

26

43

12

28

26

22

17

14

9

9

Feb. 7th. 2010

Total

40

36

29

7

25

14

15

6

2

1

13

11

7

3

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Total

3