

Herefordshire Cross Country League 2009-2010

RACE 1	<u>MOOR PARK WOMEN</u>	Date 25th. Oct. 09
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<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
1	Susan Marr	Wye Valley Runners	FV45	16.07
2	Sue Davies N/C	Croft Ambrey R.C.	FV40	16.57
3	Lisa Quinn	Hereford Couriers	FV35	17.05
4	Alison Cooke	Hereford Couriers	FV45	17.37
5	Nikki Edwards	Hereford Couriers	FV35	17.42
6	Amy Carwardine	Hereford Couriers	S.F.	17.54
7	Clare Scott	Hereford Couriers	FV35	17.55
8	Nicola Goodwin	Hereford Triathlon Club	FV35	17.57
9	Nicky Turvey	Croft Ambrey R.C.	FV45	18.00
10	Mandy Evans	Presteigne Pacers	FV45	18.21
11	Kate Hunt	Wye Valley Runners	S.F.	18.23
12	Ann Kerby-Collins	Ludlow Runners	FV45	18.36
13	Jenny Papworth	Hereford Triathlon Club	FV40	18.44
14	Tracy Wood	Wye Valley Runners	FV45	19.11
15	Linda White	Hereford Triathlon Club	FV40	19.15
16	Felicity Cole	Wye Valley Runners	FV45	19.17
17	Tricia Wright	Hereford Triathlon Club	FV40	19.20
18	Jayne Littlewood	Hereford Couriers	FV50	19.37
19	Jo Crissall	Hereford Triathlon Club	FV35	19.59
20	Mary Morton	Rhayader A.C.	S.F.	20.08
21	Claire Davies	Hereford Couriers	S.F.	20.17
22	Rachel Nelson	Croft Ambrey R.C.	FV40	20.21
23	Michelle Payne	Builth & District Runners	S.F.	20.26
24	Claire Hebblethwaite	Hereford Triathlon Club	S.F.	20.27
25	Rebecca Murray	Wye Valley Runners	S.F.	20.28
26	Tracey Edwards	Wye Valley Runners	S.F.	20.41
27	Joy Miles	Ludlow Runners	FV40	20.55
28	Jo Lord	Hay Hotfooters	FV45	21.02
29	Sarah Jameson	Ludlow Runners	FV40	21.19
30	Jan Edwards	Wye Valley Runners	FV50	21.29
31	Liza Austin	Croft Ambrey R.C.	FV45	21.29
32	Angela Price	Hay Hotfooters	FV35	21.30
33	Karen Preston	Croft Ambrey R.C.	FV40	21.32
34	Boe Jones	Hereford & County A.C.	J	21.55
35	Emily Davies	Wye Valley Runners	S.F.	21.58
36	Julie Knill	Rhayader A.C.	FV40	22.02
37	Emma Rawlins	Hay Hotfooters	FV45	22.21
38	Ruth Vickers	Ludlow Runners	S.F.	22.24
39	Debi Clifford	Wye Valley Runners	FV45	22.55
40	Katherine Drabble	Hereford Triathlon Club	FV35	23.01
41	Catherine Edwards	Presteigne Pacers	FV40	23.03
42	Kim Wood	Croft Ambrey R.C.	S.F.	23.14
43	Emma Davies	Hereford Triathlon Club	S.F.	23.38
44	Dee Davies	Rhayader A.C.	S.F.	23.44
45	Diane Rowlands	Hay Hotfooters	FV45	24.17
46	Kay Harris	Hereford Triathlon Club	S.F.	24.25
47	Christine Motteram	Wye Valley Runners	FV65	24.31
48	Helen Williams	Builth & District Runners	FV40	25.16
49	Carol Farrington	Rhayader A.C.	FV65	26.03

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50	Catherine Percival	Croft Ambrey R.C.	S.F.	28.01