

Hereford Cross Country League 2008-09

RACE 3		CROFT CASTLE		MEN		Date		30th. Nov '08	
Pos	Team	Race Scores	Series Points	Cumulative Scores					
1	WYE VALLEY RUNNERS	16	20	60					
2	HEREFORD COURIERS	37	19	57					
3	CROFT AMBREY R.C.	61	18	54					
4	WYE VALLEY RUNNERS 'B'	76	17	47					
5	HEREFORD TRIATHLON CLUB	86	16	38					
6	LEDBURY & DISTRICT HARRIERS	100	15	47					
7	LUDLOW RUNNERS	105	14	45					
8	HEREFORD COURIERS 'B'	108	13	44					
9	PRESTEIGNE PACERS	158	12	35					
10	HEREFORD COURIERS 'C'	172	11	32					
11	WYE VALLEY RUNNERS 'C'	175	10	26					
12	CROFT AMBREY R.C. 'B'	203	9	31					
13	LUDLOW RUNNERS 'B'	206	8	29					
14	WYE VALLEY RUNNERS 'D'	222	7	13					
15	LUDLOW RUNNERS 'C'	250	6	18					
16	WYE VALLEY RUNNERS 'E'	251	5	8					
	HEREFORD COURIERS 'D'	X	X	7					
	RHAYADER A.C.	X	X	6					
	CROFT AMBREY R.C. 'C'	X	X	5					
RACE 3		CROFT CASTLE		WOMEN		Date		30th. Nov '08	
Pos	Team	Race Scores	Series Points	Cumulative Scores					
1	HEREFORD COURIERS	12	10	30					
2	HEREFORD & COUNTY A.C.	18	9	18					
3	CROFT AMBREY R.C.	22	8	24					
4	LUDLOW RUNNERS	51	7	22					
5	BUILTH & DISTRICT RUNNERS	54	6	12					
6	PRESTEIGNE PACERS	58	5	9					
7	WYE VALLEY RUNNERS	60	4	14					
8	HEREFORD TRIATHLON CLUB	64	3	13					
9	CROFT AMBREY R.C. 'B'	84	2	3					
	LUDLOW RUNNERS 'B'	x	x	10					
	WYE VALLEY RUNNERS 'B'	x	x	4					
	LUDLOW RUNNERS 'C'	x	x	2					
	WYE VALLEY RUNNERS 'C'	x	x	2					
	HEREFORD TRIATHLON CLUB 'B'	x	x	1					