

Herefordshire County Summer Off-Road League

Race 4	<u>SHOBDON</u>			<u>3rd. August 2011</u>	
<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>	
1	Stacey Morgan	Croft Ambrey R.C.	S.M.	31.16	
2	Tim Iveson	Builth & District R.C.	S.M.	31.38	
3	Andrew Noble	Wye Valley Runners	MV45	33.33	
4	Jordan McQueen	Presteigne Pacers	S.M.	34.03	
5	Eliot Taylor	Hereford Couriers	J.M.	34.22	
6	Luke Williams	Hereford Couriers	S.M.	34.35	
7	Andy Taylor	Hereford Triathlon Club	S.M.	34.48	
8	Gavin Wright	Croft Ambrey R.C.	S.M.	35.02	
9	Dave Ameghino	Croft Ambrey R.C.	S.M.	35.20	
10	Glyn Williams	Presteigne Pacers	S.M.	35.33	
11	Neil Lewis	Hereford Couriers	MV40	35.40	
12	Mark Paviour	Croft Ambrey R.C.	MV45	36.07	
13	Stuart Austin	Croft Ambrey R.C.	MV45	36.12	
14	Nigel Sewell	Malvern Joggers	MV50	36.13	
15	Martin Carter	Hay Hotfooters	MV45	36.26	
16	Adie Brown	Presteigne Pacers	MV40	36.28	
17	Andy Blannin	Malvern Joggers	MV40	36.32	
18	Jonathan Green	Malvern Joggers	MV50	36.43	
19	Adam Michniok	Wye Valley Runners	S.M.	36.50	
20	Richard Hornsby	Croft Ambrey R.C.	S.M.	36.53	
21	Kevin Thomas	Croft Ambrey R.C.	S.M.	37.03	
22	<u>Clara Evans</u> **	Hereford & County A.C.	J.F.	37.06	
23	Carl Gilmour	Hay Hotfooters	MV40	37.13	
24	Jack Parry	Builth & District R.C.	MV55	37.26	
25	Dave George	Croft Ambrey R.C.	MV40	37.31	
26	<u>Gemma Mallett</u> **	Croft Ambrey R.C.	S.F.	37.32	
27	Paul Bouston	Wye Valley Runners	MV40	37.47	
28	Matt Taylor	Wye Valley Runners	S.M.	37.54	
29	Steve Herington	Hereford Couriers	MV60	38.03	
30	<u>Sue Davies</u> **	Croft Ambrey R.C.	FV45	38.05	
31	Tom Stokes	Hereford & County A.C.	J.M.	38.14	
32	Pat Pearson	Croft Ambrey R.C.	MV40	38.25	
33	Andy Dickenson	Malvern Joggers	MV40	38.34	
34	Matt Moffatt	Croft Ambrey R.C.	S.M.	38.52	
35	Gary Lewis	Presteigne Pacers	MV40	39.11	
36	<u>Sally Bliss</u> **	Hereford Couriers	FV35	39.19	
37	Malcolm Edwards	Wye Valley Runners	S.M.	39.23	
38	<u>Suzanne Turvey</u> **	Croft Ambrey R.C.	S.F.	39.32	
39	Gary Gunner	Croft Ambrey R.C.	MV65	39.35	
40	Martin Williams	Croft Ambrey R.C.	MV40	39.46	
41	Ashley Cooke	Croft Ambrey R.C.	MV50	39.46	
42	<u>Sophie Kendrick</u> **	Rhayader A.C.	S.F.	40.02	
43	Dave James	Rhayader A.C.	S.M.	40.12	
44	Jonathan Smith	Croft Ambrey R.C.	MV40	40.21	
45	Kevin Barnes	Hereford Couriers	MV45	40.25	
46	<u>Alison Cooke</u> **	Hereford Couriers	FV50	40.45	
47	Barry Swindells	Malvern Joggers	MV70	40.54	
48	<u>Alex Champ</u> **	Wye Valley Runners	FV35	41.23	
49	<u>Helen Carter</u> **	Presteigne Pacers	FV45	41.36	
50	<u>Joan Swindells</u> **	Malvern Joggers	FV55	41.45	

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51	Stuart Brown	Malvern Joggers	MV55	41.46	
52	Nigel Jones	Wye Valley Runners	MV50	41.47	
53	Alun Jenkins	Rhayader A.C.	MV45	41.55	
54	<u>Becci Ansfield</u> **	Wye Valley Runners	FV35	42.05	
55	Stuart Cameron	Hereford Couriers	MV45	42.09	
56	Ian Davies	Builth & District R.C.	MV55	42.17	
57	Ian Teague	Ludlow Runners	MV40	42.18	
58	Tom Davies	Croft Ambrey R.C.	MV60	42.23	
59	<u>Jodie Broad</u> **	Hay Hotfooters	FV35	42.26	
60	Mark Adams	Hereford Couriers	MV50	42.29	
61	Bill Griffiths	Wye Valley Runners	MV60	42.37	
62	<u>Naomi Prosser</u> **	Hereford & County A.C.	J.F.	42.41	
63	<u>Jayne Littlewood</u> **	Hereford Couriers	FV50	42.47	
64	Graham Wood	Ludlow Runners	MV50	42.57	
65	<u>Celia Speake</u> **	Builth & District R.C.	FV40	43.02	
66	Neil Taylor	Croft Ambrey R.C.	MV50	43.09	
67	Larry Turner	Croft Ambrey R.C.	MV55	43.18	
68	<u>Pru Napolitano</u> **	Presteigne Pacers	FV50	43.30	
69	David Rouse	Croft Ambrey R.C.	MV55	43.51	
70	John Price	Hay Hotfooters	MV50	44.33	
71	Jason Stuchbery	Ludlow Runners	MV40	44.38	
72	<u>Kareen Mann</u> **	Malvern Joggers	FV50	44.43	
73	<u>Jo Marriott</u> **	Croft Ambrey R.C.	FV40	44.53	
74	<u>Angela Price</u> **	Hay Hotfooters	FV40	45.01	
75	<u>Barbara Owens</u> **	Presteigne Pacers	FV40	45.29	
76	Dave Mann	Builth & District R.C.	MV45	45.33	
77	<u>Imme Davies</u> **	Hay Hotfooters	FV40	45.38	
78	<u>Suzanne Kendrick</u> **	Rhayader A.C.	FV45	45.49	
79	Don Lovejoy	Ludlow Runners	MV55	46.35	
80	Paul Newman	Malvern Joggers	MV45	46.45	
81	<u>Mary Morton</u> **	Rhayader A.C.	FV35	46.46	
82	<u>Sam Harper</u> **	Croft Ambrey R.C.	FV35	46.48	
83	<u>Sarah Jamieson</u> **	Ludlow Runners	FV40	47.09	
84	<u>Lesley Phillips</u> **	Presteigne Pacers	FV35	47.26	
85	Laurence Wilson	Malvern Joggers	S.M.	47.53	
86	<u>Jo Lord</u> **	Hay Hotfooters	FV45	48.03	
87	<u>Kath Drabble</u> **	Hereford Triathlon Club	FV40	48.15	
88	Bryan Markham	Croft Ambrey R.C.	MV70	48.58	
89	Jeremy Clark	Wye Valley Runners	MV60	49.05	
90	<u>Jan Edwards</u> **	Wye Valley Runners	FV55	49.17	
91	Bryan Symonds	Wye Valley Runners	MV65	49.17	
92	<u>Sali Morris</u> **	Ludlow Runners	FV35	49.29	
93	Julian Greenway	Croft Ambrey R.C.	MV40	49.59	
94	Terry Evans	Presteigne Pacers	MV45	50.10	
95	<u>Carol Farrington</u> **	Rhayader A.C.	FV65	50.54	
96	<u>Christine Motteram</u> **	Wye Valley Runners	FV65	50.58	
97	<u>Paula Dixon</u> **	Presteigne Pacers	FV40	52.25	
98	<u>Kim Wood</u> **	Croft Ambrey R.C.	S.F.	52.40	
99	<u>Donna Evans</u> **	Presteigne Pacers	FV35	53.18	
100	Mark Freake	Presteigne Pacers	MV45	53.33	
101	<u>Deb Clew</u> **	Presteigne Pacers	FV35	53.53	

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102	<u>Ann Cruse</u> **	Ludlow Runners	FV60	53.56	
103	<u>Kay Gittoes</u> **	Builth & District R.C.	FV50	54.39	
104	<u>Alex Marr</u> **	Hay Hotfooters	S.F.	56.04	
105	<u>Ian Jones</u>	Hay Hotfooters	MV45	56.28	
106	<u>Neil Powell</u>	Croft Ambrey R.C.	MV40	56.48	
107	<u>Jo Preece</u> **	Presteigne Pacers	FV40	56.52	
108	<u>Yvonne Hardcastle</u> **	Rhayader A.C.	FV55	62.34	
109	<u>Carol Stocker</u> **	Presteigne Pacers	FV55	63.18	
110	<u>Maggie Morris</u> **	Ludlow Runners	FV45	64.22	
111	<u>Claire Milner</u> **	Hay Hotfooters	FV55	64.23	