

# Herefordshire County Summer Off-Road League

Race 1	<b><u>ACONBURY</u></b>		<u>20th. June 2012</u>	
<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
1	Luke Mason	Wye Valley Runners	S.M.	32.56
2	Eliot Taylor	Hereford Couriers	S.M.	33.18
3	John Pullen	Wye Valley Runners	MV45	33.30
4	Mike Fawcett	Wye Valley Runners	MV45	34.19
5	Laurie Donaldson	Wye Valley Runners	S.M.	34.58
6	Luke James	Hereford Couriers	S.M.	35.20
7	Greg Wood	Wye Valley Runners	S.M.	35.24
8	Mike Link	Hereford Couriers	MV40	35.30
9	Mark Lamonby	Croft Ambrey R.C.	S.M.	35.38
10	Stuart Moore	Wye Valley Runners	MV40	35.43
11	Richard Bamford	Hereford Couriers	S.M.	35.53
12	Glyn Williams	Croft Ambrey R.C.	MV40	35.55
13	Andrew Noble	Wye Valley Runners	MV45	36.17
14	Dave Ameghino	Croft Ambrey R.C.	MV40	36.31
15	Neil Powell	Croft Ambrey R.C.	MV40	36.48
16	Nigel Mason	Croft Ambrey R.C.	S.M.	37.03
17	Alan Lewis	Wye Valley Runners	MV40	37.11
18	<u>Clara Evans **</u>	Hereford & County A.C.	J.F.	37.30
19	Dave Williams	Hereford Couriers	MV50	37.38
20	Martin Carter	Hay Hotfooters	MV45	37.39
21	Neil Lewis	Hereford Couriers	MV45	37.43
22	<u>Suzanne Turvey **</u>	Croft Ambrey R.C.	S.F.	37.47
23	Nigel Sewell	Malvern Joggers	MV50	37.59
24	Geoff Kay	Hereford Couriers	MV55	38.21
25	Adam Michniok	Wye Valley Runners	S.M.	38.39
26	Jonny Williams	Wye Valley Runners	S.M.	38.45
27	Steve Herington	Hereford Couriers	MV60	39.08
28	Dave George	Croft Ambrey R.C.	MV40	39.20
29	<u>Claire Thomas **</u>	Ludlow Runners	S.F.	39.22
30	Patrick Pearson	Croft Ambrey R.C.	MV40	39.40
31	Rob Jones	Croft Ambrey R.C.	S.M.	39.50
32	<u>Sue Davies **</u>	Croft Ambrey R.C.	FV45	39.55
33	Scott Baddeley	Wye Valley Runners	MV40	40.08
34	George Merchant	Wye Valley Runners	S.M.	40.21
35	Jon Walden	Ludlow Runners	S.M.	40.23
36	Graham Cramp	Malvern Joggers	MV45	40.25
37	<u>Kathryn King **</u>	Wye Valley Runners	S.F.	40.26
38	Martin Williams	Croft Ambrey R.C.	MV40	40.33
39	Anthony Bennett	Malvern Joggers	MV40	40.41
40	Mervyn Thomas	Wye Valley Runners	MV60	40.50
41	<u>Alex Champ **</u>	Wye Valley Runners	FV35	41.07
42	Kevin Artus	Wye Valley Runners	S.M.	41.12
43	Gary Gunner	Croft Ambrey R.C.	MV65	41.19
44	Dan Pavitt	Ludlow Runners	MV45	41.32
45	Andrew Cromie	Rhayader A.C.	MV45	41.40
46	<u>Gemma Mallett **</u>	Croft Ambrey R.C.	S.F.	41.56
47	Matt Samuel	Builth & District R.C.	S.M.	41.58
48	Guy Whitmarsh	Croft Ambrey R.C.	MV65	42.09
49	Marc Dowse	Builth & District R.C.	S.M.	42.16
50	<u>Carrie Tomkins **</u>	Presteigne Pacers	S.F.	42.21
51	Chris Mason	Wye Valley Runners	MV45	42.23
52	Shaun Hayes	Wye Valley Runners	MV50	42.23
53	Neil Taylor	Croft Ambrey R.C.	MV55	42.50
54	Ashley Williams	Hay Hotfooters	MV50	43.01
55	Tom Stokes	Hereford & County A.C.	J.M.	43.07
56	<u>Kristie Harper **</u>	Hereford Triathlon Club	S.F.	43.40
57	<u>Sarah Holton **</u>	Hereford Triathlon Club	FV35	43.57
58	Gareth Roberts	Presteigne Pacers	MV40	44.00
59	Tom Davies	Croft Ambrey R.C.	MV60	44.02
60	Mike Hackman	Wye Valley Runners	MV40	44.04
61	Nigel Jones	Wye Valley Runners	MV50	44.06
62	Ian Smith	Wye Valley Runners	MV50	44.20

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63	<u>Becki Ansfield</u> **	Wye Valley Runners	FV35	44.27
64	<u>Kevin Barnes</u>	Hereford Couriers	MV45	44.29
65	<u>Ed Sergeant</u>	Wye Valley Runners	S.M.	44.30
66	<u>Nicola Goodwin</u> **	Hereford Triathlon Club	FV35	44.37
67	<u>Jonathan Smith</u>	Croft Ambrey R.C.	MV40	44.42
68	<u>Rita Tomkins</u> **	Presteigne Pacers	FV50	44.48
69	<u>Ralph Lloyd</u>	Wye Valley Runners	MV50	45.02
70	<u>Andrew Blackman</u>	Wye Valley Runners	MV50	45.05
71	<u>Kylie Mansfield</u> **	Hereford Triathlon Club	S.F.	45.20
72	<u>Pru Napolitano</u> **	Presteigne Pacers	FV55	45.25
73	<u>Simon Oliver</u>	Wye Valley Runners	MV45	45.37
74	<u>Alison Cooke</u> **	Hereford Couriers	FV50	45.52
75	<u>Ricardo Martins</u>	Wye Valley Runners	S.M.	45.58
76	<u>John Price</u>	Hay Hotfooters	MV55	45.59
77	<u>Peter Wilson</u>	Malvern Joggers	MV45	46.02
78	<u>Dave Lloyd</u>	Presteigne Pacers	MV55	46.17
79	<u>Angela Price</u> **	Hay Hotfooters	FV40	46.20
80	<u>Andrew Price</u>	Hay Hotfooters	MV45	46.22
81	<u>Sharon Edelstyn</u> **	Hereford Triathlon Club	FV40	46.28
82	<u>Jon Utley</u>	Croft Ambrey R.C.	S.M.	46.33
83	<u>Peter Smith</u>	Wye Valley Runners	MV60	46.35
84	<u>Jan Edwards</u> **	Wye Valley Runners	FV55	46.43
85	<u>Piotr Strzak</u>	Presteigne Pacers	MV55	46.50
86	<u>Clive Richardson</u>	Ludlow Runners	MV55	47.20
87	<u>Sam Harper</u> **	Croft Ambrey R.C.	FV35	47.25
88	<u>Duncan Creswell</u>	Ledbury & District Harriers	S.M.	47.39
89	<u>Martyn Rosser</u>	Hay Hotfooters	MV60	47.45
90	<u>Simon Dye</u>	Hereford Triathlon Club	MV40	48.15
91	<u>Jason Stuchbury</u>	Ludlow Runners	MV40	48.31
92	<u>Julie Caseley</u> **	Malvern Joggers	FV50	48.35
93	<u>Lynn Compton</u> **	Wye Valley Runners	FV45	48.35
94	<u>Sarah Booker</u> **	Wye Valley Runners	S.F.	48.42
95	<u>Steph Main</u> **	Presteigne Pacers	FV40	48.48
96	<u>Lucy Prosser</u> **	Malvern Joggers	FV40	48.50
97	<u>Mary Morton</u> **	Rhayader A.C.	FV35	49.10
98	<u>Ros Lloyd</u> **	Wye Valley Runners	S.F.	49.43
99	<u>Suzanne Kendrick</u> **	Rhayader A.C.	FV45	50.03
100	<u>Amy Wolfson</u> **	Hereford Couriers	S.F.	50.06
101	<u>Christine Bartholemew</u> **	Builth & District R.C.	S.F.	50.11
102	<u>Sarah Wilding</u> **	Presteigne Pacers	FV45	51.06
103	<u>Sarah Williams</u> **	Ludlow Runners	S.F.	51.27
104	<u>Vicky Woodall</u> **	Wye Valley Runners	FV35	51.31
105	<u>Bryan Symonds</u>	Wye Valley Runners	MV65	51.31
106	<u>Suzannah Garland</u> **	Hay Hotfooters	FV55	52.19
107	<u>Terry Evans</u>	Presteigne Pacers	MV45	52.27
108	<u>Rachel Jones</u> **	Hay Hotfooters	FV40	53.00
109	<u>Rachel Nelson</u> **	Croft Ambrey R.C.	FV40	53.56
110	<u>Harry Franklin</u>	Wye Valley Runners	MV75	54.37
111	<u>Emma Hurrell</u> **	Hereford Triathlon Club	S.F.	55.09
112	<u>Deb Clee</u> **	Presteigne Pacers	FV40	55.18
113	<u>Tina Lavelle</u> **	Hay Hotfooters	FV55	56.39
114	<u>Christine Motteram</u> **	Wye Valley Runners	FV65	57.13
115	<u>Paula Randall</u> **	Presteigne Pacers	S.F.	58.06
116	<u>Donna Evans</u> **	Presteigne Pacers	FV45	58.24
117	<u>Felicity Gill</u> **	Hay Hotfooters	S.F.	59.29
118	<u>Caroline Williams</u> **	Presteigne Pacers	FV50	59.43
119	<u>Don Lovejoy</u>	Ludlow Runners	MV55	60.16
120	<u>Jo Preece</u> **	Presteigne Pacers	FV45	63.03
121	<u>Alison Price</u> **	Presteigne Pacers	FV40	66.25
122	<u>Maggie Morris</u> **	Ludlow Runners	FV50	68.16
123	<u>Yvonne Hardcastle</u> **	Rhayader A.C.	FV55	70.00
124	<u>Claire Milner</u> **	Hay Hotfooters	FV60	72.20

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125	<u>Carol Stocker</u> **	Presteigne Pacers	FV55	73.00