

Herefordshire Cross Country League 2009-2010

FINAL CATEGORY POSITIONS-----WOMEN

<u>Category</u>	<u>Name</u>	<u>Club</u>	<u>Points</u>
SENIOR WOMEN			
1	AMY CARWARDINE	Hereford Couriers	4
2	TRACEY EDWARDS	Wye Valley Runners	13
3	EMILY DAVIES	Wye Valley Runners	23
WOMEN 0.35			
1	NICOLA GOODWIN	Hereford Triathlon Club	7
2	NIKKI EDWARDS	Hereford Couriers	9
3	JO CRISSALL	Hereford Triathlon Club	16
4	ANGELA PRICE	Hay Hotfooters	20
5	KATH DRABBLE	Hereford Triathlon Club	24
WOMEN 0.40			
1	SUSAN DAVIES	Croft Ambrey R.C.	4
2	TRICIA WRIGHT	Hereford Triathlon Club	10
3	CELIA SPEAKE	Builth & District Runners	15
4	RACHEL NELSON	Croft Ambrey R.C.	19
5	KAREN PRESTON	Croft Ambrey R.C.	41
6	CATHERINE EDWARDS	Presteigne Pacers	44
7	JULIA MASON	Hay Hotfooters	46
WOMEN 0.45			
1	SUSAN MARR	Wye Valley Runners	4
2	ALISON COOKE	Hereford Couriers	8
3	ANN KERBY-COLLINS	Ludlow Runners	17
4	LIZA AUSTIN	Croft Ambrey R.C.	24
5	EMMA RAWLINS	Hay Hotfooters	31
6	HELEN JONES	Builth & District Runners	35
WOMEN 0.50			
1	JAYNE LITTLEWOOD	Hereford Couriers	4
2	SARAH COGGINS	Ledbury & District Harriers	7
3=	JAN EDWARDS	Wye Valley Runners	12
3=	TINA LAVELLE	Hay Hotfooters	12
WOMEN 0.60			
1	NONDUS BANNING-BODDY	Rhayader A.C.	4
WOMEN 0.65			
1	CHRISTINE MOTTERAM	Wye Valley Runners	4
JUNIOR (U.17)			
1	CLARA EVANS	Hereford & County A.C.	3

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