

Herefordshire Cross Country League 2009-2010

FINAL CATEGORY POSITIONS-----MEN

<u>Category</u>	<u>Name</u>	<u>Club</u>	<u>Points</u>
SENIOR MEN			
1	JON PUGH	Builth & District Runners	4
2	LUKE MASON	Wye Valley Runners	18
3	CHRISTIAN JONES	Wye Valley Runners	26
4	BARRY THOMPSON	Ledbury & District Harriers	28
5	MIKE LINK	Hereford Couriers	31
6	SCOTT KENNEDY	Wye Valley Runners	32
7	JON TETLEY	Hereford Triathlon Club	43
8	STAFFORD REES	Rhayader A.C.	50
9	ANDY TAYLOR	Hereford Triathlon Club	52
10	GLYN WILLIAMS	Presteigne Pacers	52
11	CHRIS FORD	Ledbury & District Harriers	55
12	DAN BARNETT	Croft Ambrey R.C.	55
13	DAVE AMEGHINO	Croft Ambrey R.C.	63
14	JIM HICKS	Wye Valley Runners	64
15	CHRIS FLETCHER	Wye Valley Runners	71
16	DAVE GEORGE	Croft Ambrey R.C.	71
JUNIOR MEN			
1	JOHN BARNES	Wye Valley Runners	5
2	ELIOT TAYLOR	Hereford Couriers	6
3	GEORGE MILES	Hereford Triathlon Club	10
MEN O.40			
1	TIM CLARKE	Hereford Couriers	4
2	JOHN PULLEN	Wye Valley Runners	7
3	MIKE FAWCETT	Wye Valley Runners	12
4	STEVE ROOKE	Ledbury & District Harriers	16
5	NEIL LEWIS	Hereford Couriers	18
6	CHRIS LAW	Ledbury & District Harriers	26
7	ANDREW NOBLE	Wye Valley Runners	33
8	CHRIS PAYNE	Hereford Triathlon Club	40
9	GARY LEWIS	Presteigne Pacers	41
10	NIGEL CLARKE	Hereford Couriers	51
11	GEORGE HARRISON	Wye Valley Runners	55
12	DAREN LINCOLN	Croft Ambrey R.C.	57
13	JASON STUCHBERY	Ludlow Runners	60

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<u>MEN O.45</u>			
1	CLIFF BERRY	Ledbury & District Harriers	4
2	MAX SUFF	Hereford Couriers	8
3	DAVE WILLIAMS	Hereford Couriers	14
4	ANDREW CROMIE	Rhayader A.C.	20
5	KEVIN BARNES	Hereford Couriers	24
6	TIM RAWLINS	Hay Hotfooters	29
7	PAUL JONES	Rhayader A.C.	47
<u>MEN O.50</u>			
1	KEVIN GUMMERY	Wye Valley Runners	8
2	DAVID HORNE	Ledbury & District Harriers	13
3	NEIL TAYLOR	Croft Ambrey R.C.	23
4=	PHIL JONES	Presteigne Pacers	27
4=	DAVE LLOYD	Presteigne Pacers	27
6	FRANK LUSCOTT	Croft Ambrey R.C.	29
7	JOHN PRICE	Hay Hotfooters	43
8	CLIVE RICHARDSON	Ludlow Runners	52
9	GRAHAM WOOD	Ludlow Runners	54
<u>MEN O.55</u>			
1	JACK PARRY	Builth & District Runners	8
2	MERVYN THOMAS	Wye Valley Runners	9
3	STEVE LITTLEWOOD	Hereford Couriers	13
4	MIKE SHAW	Wye Valley Runners	25
5	BARRY YOUNG	Wye Valley Runners	29
<u>MEN O.60</u>			
1	TOM DAVIES	Croft Ambrey R.C.	7
2	PETER SMITH	Wye Valley Runners	13
<u>MEN O.65</u>			
1	GUY WHITMARSH	Croft Ambrey R.C.	4
<u>MEN O.70</u>			
1	HARRY FRANKLIN	Wye Valley Runners	4

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JUNIOR (U.17)			
1	DANIEL COX	Hereford & County A.C.	3