

Soapbox Spectacular – 10 July 2011 – Results

1	Tim Lefroy	Ludlow Runners	JM	31.03	(new record)
2	Ed Bishop	Tewkesbury AC	MV45	34.43	
3	Dave Rouse (jnr)	Croft Ambrey	SM	35.54	
4	Dave Ameghino	Croft Ambrey	SM	36.35	
5	Steve Herington	Hereford Couriers	MV60	36.53	1 st MV45
6	Richard Whiting	Kenilworth Runners	MV40	37.06	1 st MV40
7	John Lyden	Ludlow Runners	MV50	37.36	1 st MV50
8	Carl Gilmour	Hay Hotfooters	MV40	37.48	
9	Anthony Wade	U/A	MV40	38.00	
10	Roz Viner	U/A	FV35	38.06	1 st F
11	Martin Williams	Croft Ambrey	MV40	39.27	
12	Gary Gunner	Croft Ambrey	MV65	41.20	1 st MV65
13	Eilish Gilbert	Ludlow Runners	JF	41.29	2 nd F
14	Ian Teague	Ludlow Runners	MV40	42.23	
15	Tom Davies	Croft Ambrey	MV60	42.33	1 st MV55
16	Rupert Crew	U/A	MV40	43.20	
17	Paul Archer	BRAT Club	MV60	43.43	1 st MV60
18	Sam Farrow	U/A	SM	44.02	
19	Mike Hedges	Ludlow Tri Club	MV40	44.26	
20	Larry Turner	Croft Ambrey	MV55	44.41	
21	Dave Rouse (snr)	Croft Ambrey	MV55	45.04	
22	Emily Allan	U/A	FV50	45.15	1 st FV50
23	Ashley Robinson	U/A	MV60	45.27	
24	Meg Turner	Ludlow Runners	JF	45.49	3 rd F
25	Shannon Gilbert	Ludlow Runners	JF	46.19	1 st JF
26	Jo Lord	Hay Hotfooters	FV45	46.39	1 st FV45
27	Don Lovejoy	Ludlow Runners	MV55	47.49	
28	Sam Harper	Croft Ambrey	FV35	48.03	1 st FV35
29	Heulwen Gilbert	Ludlow Runners	JF	49.34	
30	Bryan Markham	Croft Ambrey	MV70	50.15	1 st MV70
DNF	Sarah Jamieson	Ludlow Runners			

1st female team: Ludlow Runners (Eilish Gilbert, Meg Turner, Shannon Gilbert)

1st male team: Croft Ambrey (Dave Rouse, Dave Ameghino, Martin Williams)