

Shobdon Wood Results – April 25th 2010

Pos	Time	Name	Club	Cat	
1	34.49	Jon Pugh	Builth and District	SM	1 st M
2	35.43	Luke Mason	Wye Valley	SM	2 nd M
3	36.00	John Pullen	Wye Valley	V40	3 rd M
4	36.55	Sarah Waldron	Shaftesbury Harriers	SF	1 st F
5	37.29	Simon Norwood	Croft Ambrey	V40	1 st V40
6	37.58	Mike Fawcett	Wye Valley	V40	2 nd V40
7	39.02	Timothy Lefroy	Ludlow Runners	JM	1 st JM
8	39.47	Dave Ameghino	Croft Ambrey	SM	
9	40.02	Dave George	Croft Ambrey	SM	
10	40.37	Mark Agnew	Mercia FR	V40	3 rd V40
11	40.49	Didzis Grundmanis	U/A	SM	
12	41.29	Jack Parry	Builth and D	V55	1 st V50
13	41.36	Neil Powell	Croft Ambrey	SM	
14	41.58	Paul Chester	U/A	SM	
15	41.59	John Walden	Ludlow Runners	SM	
16	42.04	Stuart Austin	Croft Ambrey	V45	1 st V45
17	42.30	Mick Ligema	Croft Ambrey	V50	1 st V50
18	42.31	David Briggs	U/A	SM	
19	42.56	Andrew Davies	Telford Harriers	V55	1 st V55
20	43.10	Ashley Davis	U/A	SM	
21	43.21	Steve Herington	Couriers	V60	1 st V60
22	43.35	Steve Bajic	Telford Harriers	V50	2 nd V50
23	43.40	Dennis Clarke	Cocks Moors Woods	V50	3 rd V50
24	44.00	Jane Rowlands	Ludlow Runners	FV45	2 nd F
25	44.03	Peter Johnson	Mercia FR	V55	2 nd V55
26	44.34	Jon Utley	Croft Ambrey	SM	
27	44.50	Paul Elliott	Ludlow Runners	V40	
28	45.04	Phil Richardson	Bromsgrove & R. AC	V50	
29	45.06	Matt Moffatt	U/A	SM	
30	45.26	Phil Jones	Presteigne Pacers	V50	
31	45.34	Gary Gunner	Croft Ambrey	V60	2 nd V60
32	45.55	Neil Taylor	Croft Ambrey	V50	
33	46.31	Ken Buckle	Cheltenham & D	V65	1 st V65
34	46.46	Antony Wade	U/A	SM	
35	46.52	Haydn O'Reilly	U/A	SM	
36	46.55	Kim Braznell	Halesowen AC	FV50	3 rd F
37	47.00	David Whymant	Amazing Feet	V60	3 rd V60
38	47.02	Rod Taylor	Droitwich AC	V50	
39	47.07	John Lyden	Ludlow Runners	V50	
40	47.10	Mike Woodyatt	Cocks Moors Woods	V50	
41	47.23	Martin Carter	Hay Hotfooters	V40	
42	47.32	Jenny Weare	U/A	SF	
43	47.32	Mark Fenn	Mercia FR	SM	
44	47.56	Andy Westlake	Presteigne Pacers	V45	

45	48.05	David Lloyd	Halesowen	V55	3 rd V55
46	48.07	Ian Teague	Ludlow Runners	SM	
47	48.17	Lisa Hughes	Cocks Moors Woods	SF	
48	48.33	Celia Speake	Builth & D	FV40	1 st FV40
49	48.55	Des Pugh	Maldwyn Harriers	V55	
50	49.07	John Price	Hay Hotfooters	V50	
51	49.24	Daneen Hughes	U/A	SF	
52	49.41	Richard Lodge	Aldridge	V55	
53	49.55	Dave Rouse	Croft Ambrey	V55	
54	50.10	Matthew Samuel	Builth & D	SM	
55	51.19	Imme Davies	Wye Valley	FV40	2 nd FV40
56	51.28	Chris Mason	Wye Valley	V45	
57	51.54	Marc Dowse	Builth & D	SM	
58	51.55	Lin Staves	Ludlow Runners	FV50	1 st FV50
59	52.16	Liza Austin	Croft Ambrey	FV45	1 st FV45
60	52.20	Pete Staves	U/A	V55	
61	52.22	Hester Davis	Almost Athletes	SF	
62	52.29	David Good	Shropshire Shufflers	SM	
63	52.31	Jo Lord	Hay Hotfooters	FV45	2 nd FV45
64	53.02	Ashley Robinson	U/A	V60	
65	53.03	Jason Stuchbury	Ludlow Runners	V40	
66	53.11	Angela Price	Hay Hotfooters	FV35	
67	53.47	Sarah Jamieson	Ludlow Runners	FV40	
68	53.52	Caroline Fearn	Running Forever	SF	
69	54.29	Ruth Vickers	Ludlow Runners	SF	
70	54.36	Martyn Rosser	Hay Hotfooters	V60	
71	56.00	Chris Jolley	Malvern Joggers	V50	
72	56.06	Ruth Mason	Wye Valley	FV45	3 rd FV45
73	56.07	Siana Priday	U/A	SF	
74	56.20	Martin Tyler	Cocks Moors Woods	V50	
75	56.23	Rachel Butler	Maldwyn Harriers	FV45	
76	57.02	Sue Williams	Ludlow Runners	FV35	
77	57.09	Leah Mason	Wye Valley	SF	
78	57.31	Lucy Thomas	Wye Valley	SF	
79	58.37	Graham Hall	Cocks Moors Woods	V60	
80	59.00	Vanessa Roxburgh	U/A	FV35	
81	59.02	Philip Clifford	Wye Valley	V45	
82	59.03	Donna Jones	U/A	SF	
83	59.04	Deborah Clifford	Wye Valley	FV45	
84	59.36	Catherine Edwards	Presteigne Pacers	FV45	
85	59.36	Jill Hillman	Hay Hotfooters	FV50	2 nd FV50
86	60.19	Dave Hillman	Maldwyn Harriers	V50	
87	60.27	Shaun Emms	Hay Hotfooters	V70	1 st V70
88	62.25	Laura Vickers	Ludlow Runners	FV55	1 st FV55
89	62.29	Joe Kennedy	Wye Valley	V60	
90	62.32	Jane Kerr	Builth & D	FV45	
91	63.26	Don Lovejoy	Ludlow Runners	V55	
92	63.45	Julie Jukes	U/A	SF	

93	64.27	Deborah Bufton	Ludlow Runners	FV40	
94	64.37	Donna Chancy	U/A	FV50	3 rd FV50
95	65.39	Catherine Cotton	Almost Athletes	FV35	
96	66.08	Ann Cruse	Ludlow Runners	FV60	1 st FV60
97	66.19	Steve Orrells	Maldwyn Harriers	V55	
98	67.31	Charlotte Morris	U/A	SF	
99	68.01	P Hogarth	Maldwyn Harriers	V60	
100	70.54	Caroline Orrells	Maldwyn Harriers	FV50	
101	74.58	Maggie Morris	Ludlow Runners	FV45	

Team results:

Men: 1st Wye Valley (Luke Mason, John Pullen, Mike Fawcett)

Ladies: 1st Ludlow Runners (Jane Rowlands, Lin Staves, Sarah Jamieson)