

**HEREFORD CROSS COUNTRY RELAY CHAMPS. 2010**  
**WESTHOPE 5.05.10**

<b><u>WOMEN</u></b>	<b><u>LEG</u></b>	<b><u>RUNNER</u></b>	<b><u>TIME</u></b>
1 HEREFORD & COUNTY A.C.	1	Naomi Prosser	12.51
	2	Bethan Mills	13.31
<b>TIME: 38.34</b>	3	Clara Evans	12.12
2 HEREFORD COURIERS	1	Alison Cooke	13.17
	2	Julie Suff	15.25
<b>TIME: 43.06</b>	3	Jayne Littlewood	14.24