

HEREFORD CROSS COUNTRY RELAY CHAMPS. 2010
WESTHOPE 5.05.10

<u>VET. MEN O.40</u>	<u>LEG</u>	<u>RUNNER</u>	<u>TIME</u>
1 HEREFORD COURIERS	1	Kevin Barnes	12.26
	2	Max Suff	11.12
TIME: 35.15	3	Neil Lewis	11.37
2 CROFT AMBREY R.C.	1	Martin Williams	12.16
	2	Mark Paviour	11.57
TIME: 35.34	3	Simon Norwood	11.21
3 HAY HOTFOOTERS	1	Martin Carter	13.30