

HEREFORD CROSS COUNTRY RELAY CHAMPS. 2009
WESTHOPE 20.05.09

<u>WOMEN</u>		<u>LEG</u>	<u>RUNNER</u>	<u>TIME</u>
1	HEREFORD & COUNTY A.C.	1	Bethan Mills	12.50
		2	Naomi Prosser	14.06
	TIME: 38.57	3	Clara Evans	12.01
2	HEREFORD COURIERS	1	Nikki Edwards	13.45
		2	Alison Cooke	13.26
	TIME: 39.36	3	Lisa Quinn	12.25