

# Herefordshire Cross Country League 2010-2011

<b>RACE 5</b>	<b>PRESTEIGNE ----- MEN</b>	<b>Date</b>	<b>Feb. 27th. 2011</b>
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<b>Pos</b>	<b>Name</b>	<b>Club</b>	<b>Cat</b>	<b>Time</b>
1	Jon Barnes	Wye Valley Runners	J.M.	43.29
2	Tim Iveson	Builth & District R.C.	S.M.	43.33
3	John Pullen	Wye Valley Runners	MV40	44.19
4	Eliot Taylor	Hereford Couriers	J.M.	45.12
5	Stafford Rees	Rhayader A.C.	MV40	46.01
6	Stuart Moore	Wye Valley Runners	MV40	46.12
7	Jim Hicks	Wye Valley Runners	S.M.	46.20
8	Stacey Morgan	Croft Ambrey R.C.	S.M.	46.29
9	Cliff Berry	Ledbury & District Harriers	MV45	46.54
10	Simon Norwood	Croft Ambrey R.C.	MV40	48.18
11	Mike Fawcett	Wye Valley Runners	MV40	48.26
12	Stuart Austin	Croft Ambrey R.C.	MV45	48.50
13	Dave Rouse	Croft Ambrey R.C.	S.M.	48.58
14	Max Suff	Hereford Couriers	MV45	49.08
15	Richard Hughes	Hereford Couriers	MV45	49.53
16	Dan Barnett	Croft Ambrey R.C.	S.M.	50.12
17	Glyn Williams	Presteigne Pacers	S.M.	50.36
18	Jon Green	Malvern Joggers	MV45	50.58
19	Andy Taylor	Hereford Triathlon Club	S.M.	51.39
20	Jordan McQueen	Presteigne Pacers	S.M.	51.58
21	Mick Ligema	Croft Ambrey R.C.	MV50	52.06
22	Mark Paviour	Croft Ambrey R.C.	MV45	52.41
23	Mike Stephens	Hereford Triathlon Club	MV50	52.48
24	Patrick Pearson	Croft Ambrey R.C.	MV40	53.08
25	Chris Ford	Ledbury & District Harriers	S.M.	53.15
26	Dave Williams	Hereford Couriers	MV45	53.24
27	Sam Burnage	Malvern Joggers	S.M.	53.59
28	Jack Parry	Builth & District R.C.	MV55	55.01
29	Martin Carter	Hay Hotfooters	MV45	55.15
30	Pete Carwardine	Hereford Couriers	MV50	55.31
31	Dave George	Croft Ambrey R.C.	S.M.	55.33
32	Steve Herington	Hereford Couriers	MV60	56.04
33	Ian Dyson	Malvern Joggers	MV55	56.18
34	Neil Lawrence	Builth & District R.C.	S.M.	56.51
35	David Horne	Ledbury & District Harriers	MV50	57.04
36	Ade Brown	Presteigne Pacers	S.M.	57.26
37	Paul Bouston	Wye Valley Runners	MV40	57.57
38	Martin Williams	Croft Ambrey R.C.	MV40	58.14
39	Gary Gunner	Croft Ambrey R.C.	MV60	59.35
40	Kevin Barnes	Hereford Couriers	MV45	59.55
41	David Beard	Hay Hotfooters	MV40	60.16
42	Neil Taylor	Croft Ambrey R.C.	MV50	60.24
43	Stuart Brown	Malvern Joggers	MV55	60.30
44	Gary Lewis	Presteigne Pacers	MV40	60.33
45	Dave Lloyd	Presteigne Pacers	MV55	60.35
46	Chris Mason	Wye Valley Runners	MV45	60.37
47	Paddy Nugent	Wye Valley Runners	MV50	61.11
48	John Price	Hay Hotfooters	MV50	61.27
49	Jason Smith	Wye Valley Runners	S.M.	62.24
50	Guy Whitmarsh	Croft Ambrey R.C.	MV65	63.05
51	Peter Smith	Wye Valley Runners	MV60	63.11
52	Tom Davies	Croft Ambrey R.C.	MV60	65.05
53	Graham Wood	Ludlow Runners	MV50	65.16
54	Harry Franklin	Wye Valley Runners	MV70	65.44
55	Tim Hartles	Rhayader A.C.	MV45	66.23
56	Ian Foster	Hereford Triathlon Club	MV40	66.54
57	Martin Roche	Wye Valley Runners	MV50	71.18
58	Simon Roche	Wye Valley Runners	S.M.	75.59