

Herefordshire County Summer Off-Road League

<u>FINAL POSITIONS 2009</u>				
<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Cat</u>	<u>Points</u>
1	Matt James	Hereford Couriers	S.M.	4
2	Stacey Morgan	Croft Ambrey R.C.	S.M.	6
3	John Pullen	Wye Valley Runners	MV40	12
4	Jon Barnes	Hereford & County A.C.	J.M.	19
5	Scott Kennedy	Wye Valley Runners	S.M.	22
6	Max Suff	Hereford Couriers	S.M.	25
7	Dan Barnett	Croft Ambrey R.C.	S.M.	26
8	Stafford Rees	Rhayader A.C.	S.M.	36
9	Luke Williams	Hereford Couriers	S.M.	37
10	Glyn Williams	Presteigne Pacers	S.M.	40
11	Dave Ameghino	Croft Ambrey R.C.	S.M.	42
12=	Chris Ford	Ledbury & District Harriers	S.M.	45
12=	Dave Williams	Hereford Couriers	MV45	45
14	Andy Taylor	Hereford Triathlon Club	S.M.	46
15=	Kevin Gummery	Wye Valley Runners	MV50	55
15=	Jon Utley	Croft Ambrey R.C.	S.M.	55
17	Neil Lewis	Hereford Couriers	MV40	59
18	Geoff Kay	Hereford Couriers	MV55	62
19	Jack Parry	Builth & District Runners	MV50	65
20	Gavin Wright	Croft Ambrey R.C.	S.M.	72
21	Patrick Pearson	Croft Ambrey R.C.	MV40	73
22	Andrew Noble	Wye Valley Runners	MV40	76
23	Steve Herington	Hereford Couriers	MV60	79
24	Robin Bereza	Wye Valley Runners	MV60	88
25	Neil Powell	Croft Ambrey R.C.	S.M.	91
26	Gary Lewis	Presteigne Pacers	MV40	94
27	<u>Lisa Quinn</u> **	Hereford Couriers	S.F.	95
28	<u>Suzanne Turvey</u> **	Croft Ambrey R.C.	J.F.	98
29	Malcolm Edwards	Wye Valley Runners	S.M.	100
30	Mervyn Thomas	Wye Valley Runners	MV55	105
31	Gary Gunner	Croft Ambrey R.C.	MV60	111
32	Iain Prentice	Ludlow Runners	MV45	115
33=	Dan Pavitt	Ludlow Runners	MV40	116
33=	Phil Jones	Presteigne Pacers	MV50	116
35	Ian Davies	Builth & District Runners	MV50	121
36	Graham Wood	Ludlow Runners	MV50	127
37	<u>Alison Cooke</u> **	Hereford Couriers	FV45	132
38	Rob Williams	Wye Valley Runners	S.M.	154
39	Jason Smith	Wye Valley Runners	S.M.	155
40	Dan Napolitano	Presteigne Pacers	S.M.	156
41=	Guy Whitmarsh	Croft Ambrey R.C.	MV65	157
41=	Clive Rowberry	Hereford Couriers	MV55	157
43	Tom Davies	Croft Ambrey R.C.	MV60	159
44	<u>Nikki Edwards</u> **	Hereford Couriers	FV35	161
45	<u>Kathryn King</u> **	Wye Valley Runners	S.F.	164
46=	<u>Mandy Evans</u> **	Presteigne Pacers	FV45	169
46=	Ian Smith	Wye Valley Runners	MV50	169
48	<u>Nicky Turvey</u> **	Croft Ambrey R.C.	FV45	184
49	Harry Franklin	Wye Valley Runners	MV70	185
50	Kevin Barnes	Hereford Couriers	MV45	187
51=	<u>Jodie Smith</u> **	Wye Valley Runners	S.F.	188
51=	Ralph Lloyd	Wye Valley Runners	MV45	188
53	Rob Galpin	Wye Valley Runners	MV50	189
54	<u>Sonia George</u> **	Ludlow Runners	FV35	191
55	<u>Celia Speake</u> **	Builth & District Runners	FV40	194
56	Steve Jakeman	Croft Ambrey R.C.	MV45	199

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57	<u>Emma Mathews</u> **	Builth & District Runners	S.F.	203
58	<u>Alun Jenkins</u>	Rhayader A.C.	MV45	204
59	<u>Colin Hammonds</u>	Ledbury & District Harriers	MV40	214
60	<u>Jason Stuchbery</u>	Ludlow Runners	MV40	222
61	<u>Tracy Edwards</u> **	Wye Valley Runners	S.F.	227
62	<u>Temi Odurinde</u>	Wye Valley Runners	MV40	229
63	<u>Rob Monteith</u>	Ludlow Runners	MV45	236
64	<u>Juliette Wheatley</u> **	Ludlow Runners	FV35	240
65	<u>Suzanne Kendrick</u> **	Rhayader A.C.	FV45	243
66=	<u>Rachel Nelson</u> **	Croft Ambrey R.C.	FV40	248
66=	<u>Simon Barton</u>	Wye Valley Runners	MV40	248
68	<u>Sharon Clarke</u> **	Ludlow Runners	FV40	251
69	<u>Pru Napolitano</u> **	Presteigne Pacers	FV50	255
70=	<u>Naomi Prosser</u> **	Hereford & County A.C.	J.F.	257
70=	<u>Jan Edwards</u> **	Wye Valley Runners	FV50	257
72	<u>Emily Davies</u> **	Wye Valley Runners	S.F.	260
73=	<u>Sarah Jameson</u> **	Ludlow Runners	FV40	264
73=	<u>Bryan Markham</u>	Croft Ambrey R.C.	MV65	264
75	<u>Serena Crump</u> **	Wye Valley Runners	FV40	270
76	<u>Michelle Williams</u> **	Wye Valley Runners	FV40	273
77	<u>Lisa Miles</u> **	Wye Valley Runners	S.F.	274
78	<u>Kim Wood</u> **	Croft Ambrey R.C.	S.F.	277
79	<u>Kath Drabble</u> **	Hereford Triathlon Club	FV35	284
80	<u>Sarah Bowering</u> **	Wye Valley Runners	FV40	286
81	<u>Catherine Percival</u> **	Croft Ambrey R.C.	S.F.	311