

# Herefordshire Cross Country League 2010-2011

<u>RACE 3</u>	<u>MONKHALL FARM - WOMEN</u>			<u>Date</u>	<u>Jan. 9th. 2011</u>
<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>	
1	Emma Gooderham	Malvern Joggers	FV35	28.53	
2	Sue Davies	Croft Ambrey R.C.	FV45	31.43	
3	Nicky Childs	Wye Valley Runners	FV45	31.54	
4	Suzanne Turvey	Croft Ambrey R.C.	J.F.	32.30	
5	Tricia Wright	Hereford Triathlon Club	FV40	33.18	
6	Naomi Prosser	Hereford & County A.C.	J.F.	33.48	
7	Nicola Stubbs	Malvern Joggers	S.F.	33.55	
8	Nicky Turvey	Croft Ambrey R.C.	FV50	33.56	
9	Nikki Edwards	Hereford Couriers	FV40	34.10	
10	Jo Crissall	Hereford Triathlon Club	FV35	34.12	
11	Jenny Papworth	Hereford Triathlon Club	FV40	34.26	
12	Claire Hebblethwaite	Hereford Triathlon Club	S.F.	34.35	
13	Ann Thorpe	Ludlow Runners	FV45	35.09	
14	Amy Carwardine	Hereford Couriers	S.F.	35.12	
15	Katie Watson	Malvern Joggers	FV40	35.21	
16	Liza Austin	Croft Ambrey R.C.	FV45	35.28	
17	Alex Champ	Wye Valley Runners	FV35	35.33	
18	Joyce Warburton	Hereford Triathlon Club	FV40	36.14	
19	Becci Ansfield	Wye Valley Runners	FV35	36.24	
20	Jenny Jones	Ledbury & District Harriers	FV40	37.18	
21	Juliette Wheatley	Ludlow Runners	FV35	37.23	
22	Julie Caseley	Malvern Joggers	FV50	37.33	
23	Lucy Prosser	Malvern Joggers	FV35	37.51	
24	Sarah Coggins	Ledbury & District Harriers	FV50	38.10	
25	Rita Tomkins	Presteigne Pacers	FV50	38.38	
26	Mary Morton	Rhayader A.C.	FV35	38.53	
27	Alison Hughes	Malvern Joggers	FV35	39.00	
28	Lynne Compton	Wye Valley Runners	FV40	39.52	
29	Sheryl Evans	Hereford & County A.C.	FV40	39.59	
30	Emily Davies	Wye Valley Runners	S.F.	41.24	
31	Kath Drabble	Hereford Triathlon Club	FV35	41.28	
32	Jan Edwards	Wye Valley Runners	FV50	41.38	
33	Suzannah English	Hay Hotfooters	FV50	41.49	
34	Tina Lavelle	Hay Hotfooters	FV50	41.49	
35	Lucy Thomas	Wye Valley Runners	S.F.	42.07	
36	Carol Farrington	Rhayader A.C.	FV65	43.07	
37	Sue Pretty	Wye Valley Runners	FV50	43.40	
38	Paula Randall	Presteigne Pacers	S.F.	46.41	
39	Sarah Cole	Wye Valley Runners	FV35	46.47	
40	Tina Sparey	Presteigne Pacers	FV35	47.32	
41	Deb Clee	Presteigne Pacers	FV35	51.13	
42	Jo Preece	Presteigne Pacers	FV40	51.28	
43	Maggie Morris	Ludlow Runners	FV45	58.38	
44	Carol Stocker	Presteigne Pacers	FV55	59.09	
<u>GUEST</u>	Lisa Quinn			35.07	