

# Herefordshire County Summer Off-Road League

<u>Race 2</u>	<u>KINNERSLEY</u>			<u>8th. July 2009</u>	
Pos	<u>Name</u>	<u>Club</u>	Cat	Time	
1	Stacey Morgan	Croft Ambrey R.C.	S.M.	31.26	
2	Matt James	Hereford Couriers	S.M.	31.37	
3	Dave Tonge	Hereford Couriers	MV40	32.04	
4	John Pullen	Wye Valley Runners	MV40	32.13	
5	Tim Iveson	Builth & District Runners	S.M.	32.22	
6	Max Suff	Hereford Couriers	MV45	33.41	
7	Spencer Napolitano	Presteigne Pacers	S.M.	33.54	
8	Nigel Mason	Croft Ambrey R.C.	S.M.	34.12	
9	Jon Barnes	Hereford & County A.C.	J.M.	34.17	
10	Stafford Rees	Rhayader A.C.	S.M.	34.26	
11	Dave Ameghino	Croft Ambrey R.C.	S.M.	34.28	
12	Luke Williams	Hereford Couriers	S.M.	34.29	
13	Dave Williams	Hereford Couriers	MV45	34.30	
14	Glyn Williams	Presteigne Pacers	S.M.	35.01	
15	Kevin Gummery	Wye Valley Runners	MV50	35.14	
16	Dave Rouse	Croft Ambrey R.C.	S.M.	35.48	
17	Jon Utley	Croft Ambrey R.C.	S.M.	35.49	
18	Chris Ford	Ledbury & District Harriers	S.M.	35.58	
19	Simon Powney	Croft Ambrey R.C.	S.M.	36.04	
20	Neil Lewis	Hereford Couriers	MV40	36.07	
21	Jack Parry	Builth & District Runners	MV50	36.08	
22	Geoff Kay	Hereford Couriers	MV55	36.19	
23	Vince Playdon N/C	Croft Ambrey R.C.	S.M.	36.36	
24	Gary Lewis	Presteigne Pacers	MV40	36.53	
25	Gavin Wright	Croft Ambrey R.C.	S.M.	37.04	
26	Paul Bouston	Wye Valley Runners	MV40	37.07	
27	Steve Herington	Hereford Couriers	MV60	37.11	
28	<u>Lisa Quinn</u> **	Hereford Couriers	S.F.	37.16	
29	Russell Mapp	Ludlow Runners	MV50	37.17	
30	Robin Bereza	Wye Valley Runners	MV60	37.24	
31	Malcolm Edwards	Wye Valley Runners	S.M.	37.43	
32	Andrew Noble	Wye Valley Runners	MV40	37.56	
33	Nigel Clarke	Hereford Couriers	MV40	38.07	
34	Dan Napolitano	Presteigne Pacers	S.M.	38.10	
35	Neil Powell	Croft Ambrey R.C.	S.M.	38.26	
36	Nick Jenkins	Ledbury & District Harriers	S.M.	38.28	
37	Ian Davies	Builth & District Runners	MV50	38.30	
38	Iain Prentice	Ludlow Runners	MV45	38.38	
39	Dave Lloyd	Presteigne Pacers	MV50	38.46	
40	Phil Jones	Presteigne Pacers	MV50	38.46	
41	Andrew Cromie	Rhayader A.C.	MV40	38.54	
42	Graham Wood	Ludlow Runners	MV50	38.57	
43	Dan Pavitt	Ludlow Runners	MV40	38.59	
44	David Horne	Ledbury & District Harriers	MV50	39.01	
45	<u>Alison Cooke</u> **	Hereford Couriers	FV45	39.05	
46	Richard Wall	Hereford Couriers	MV45	39.05	
47	Mark Adams	Hereford Couriers	MV50	39.10	
48	<u>Suzanne Turvey</u> **	Croft Ambrey R.C.	J.F.	39.13	
49	Ashley Cooke	Croft Ambrey R.C.	MV50	39.15	

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50	Ian Smith	Wye Valley Runners	MV50	39.18	
51	<u>Nicky Edwards</u> **	Hereford Couriers	FV35	39.18	
52	<u>Jodie Smith</u> **	Wye Valley Runners	S.F.	39.33	
53	Jonathon Harris	Rhayader A.C.	S.M.	39.48	
54	Gary Gunner	Croft Ambrey R.C.	MV60	39.49	
55	<u>Kathryn King</u> **	Wye Valley Runners	S.F.	40.01	
56	Guy Whitmarsh	Croft Ambrey R.C.	MV65	40.04	
57	Clive Rowberry	Hereford Couriers	MV55	40.13	
58	Simon Bremner	Wye Valley Runners	S.M.	40.18	
59	<u>Amy Carwardine</u> **	Hereford Couriers	S.F.	40.28	
60	John Lyden	Ludlow Runners	MV50	40.34	
61	Neil Taylor	Croft Ambrey R.C.	MV50	40.44	
62	Jason Smith	Wye Valley Runners	S.M.	40.44	
63	Steve Jakeman	Croft Ambrey R.C.	MV45	40.51	
64	<u>Mandy Evans</u> **	Presteigne Pacers	FV45	40.55	
65	Mark Link	Wye Valley Runners	S.M.	41.01	
66	Bill Griffiths	Wye Valley Runners	MV55	41.01	
67	Harry Franklin	Wye Valley Runners	MV70	41.04	
68	Rob Galpin	Wye Valley Runners	MV50	41.19	
69	<u>Nicky Turvey</u> **	Croft Ambrey R.C.	FV45	41.27	
70	Tom Davies	Croft Ambrey R.C.	MV60	41.27	
71	Ralph Lloyd	Wye Valley Runners	MV45	41.29	
72	Paul Jones	Rhayader A.C.	MV45	41.31	
73	<u>Sonia George</u> **	Ludlow Runners	FV35	41.31	
74	<u>Emma Mathews</u> **	Builth & District Runners	S.F.	41.31	
75	<u>Celia Speake</u> **	Builth & District Runners	FV40	41.42	
76	Alun Jenkins	Rhayader A.C.	MV45	41.45	
77	<u>Izzy Jones</u> **	Wye Valley Runners	S.F.	41.46	
78	Colin Hammonds	Ledbury & District Harriers	MV40	42.56	
79	<u>Naomi Prosser</u> **	Hereford & County A.C.	J.F.	43.00	
80	Chris Martin	Rhayader A.C.	MV50	43.04	
81	Jason Stuchbery	Ludlow Runners	MV40	43.07	
82	Kevin Barnes	Hereford Couriers	MV45	43.25	
83	<u>Sarah Coggins</u> **	Ledbury & District Harriers	FV50	43.29	
84	<u>Pru Napolitano</u> **	Presteigne Pacers	FV50	43.46	
85	<u>Tracy Edwards</u> **	Wye Valley Runners	S.F.	44.22	
86	Simon Barton N/C	Wye Valley Runners	MV40	44.35	
87	<u>Barbara Owens</u> **	Presteigne Pacers	FV40	44.43	
88	<u>Sheryl Evans</u> **	Hereford & County A.C.	FV40	45.33	
89	<u>Rachel Nelson</u> **	Croft Ambrey R.C.	FV40	45.44	
90	<u>Juliet Wheatley</u> **	Ludlow Runners	FV35	46.06	
91	<u>Suzanne Kendrick</u> **	Rhayader A.C.	FV45	46.11	
92	<u>Carrie Tomkins</u> **	Presteigne Pacers	S.F.	46.23	
93	<u>Sharon Clarke</u> **	Ludlow Runners	FV40	46.50	
94	Bryan Markham	Croft Ambrey R.C.	MV65	46.59	
95	<u>Jan Edwards</u> **	Wye Valley Runners	FV50	47.45	
96	<u>Emily Davies</u> **	Wye Valley Runners	S.F.	47.57	
97	Martin Williams	Croft Ambrey R.C.	S.M.	48.00	
98	<u>Nicki Lewis</u> **	Presteigne Pacers	S.F.	49.27	
99	<u>Carol Farrington</u> **	Rhayader A.C.	FV65	50.10	

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100	<u>Michelle Williams</u> **	Wye Valley Runners	FV40	51.12	
101	<u>Sarah Bowering</u> **	Wye Valley Runners	FV40	51.36	
102	<u>Lisa Miles</u> **	Wye Valley Runners	S.F.	51.55	
103	<u>Serena Crump</u> **	Wye Valley Runners	FV40	53.05	
104	<u>Becci Young</u> **	Wye Valley Runners	S.F.	53.05	
105	<u>Catherine Percival</u> **	Croft Ambrey R.C.	S.F.	56.04	
106	Tony Powell	Wye Valley Runners	MV55	58.04	
<u>GUEST</u>	Phil Kendrick	Rhayader A.C.	MV45	32.47	