

Hereford Cross Country League 2008-2009

RACE 1		<u>HOLME LACY ----- MEN</u>			Date	19th. Oct.. 08
<u>Pos</u>	<u>Team</u>	<u>Race Scores</u>	<u>Series Points</u>	<u>Cumulative Scores</u>		
1	WYE VALLEY RUNNERS	18	20	20		
2	HEREFORD COURIERS	45	19	19		
3	CROFT AMBREY R.C.	60	18	18		
4	LEDBURY & DISTRICT HARRIERS	81	17	17		
5	WYE VALLEY RUNNERS 'B'	94	16	16		
6	HEREFORD COURIERS 'B'	97	15	15		
7	LUDLOW RUNNERS	107	14	14		
8	CROFT AMBREY R.C. 'B'	112	13	13		
9	HEREFORD TRIATHLON CLUB	126	12	12		
10	PRESTEIGNE PACERS	157	11	11		
11	HEREFORD COURIERS 'C'	158	10	10		
12	WYE VALLEY RUNNERS 'C'	178	9	9		
13	LUDLOW RUNNERS 'B'	199	8	8		
14	HEREFORD COURIERS 'D'	236	7	7		
15	WYE VALLEY RUNNERS 'D'	240	6	6		
16	CROFT AMBREY R.C. 'C'	252	5	5		
17	LUDLOW RUNNERS 'C'	267	4	4		
18	WYE VALLEY RUNNERS 'E'	280	3	3		
RACE 1	<u>HOLME LACY -----WOMEN</u>					
1	HEREFORD COURIERS	27	10	10		
2	HEREFORD & COUNTY A.C.	29	9	9		
3	CROFT AMBREY R.C.	30	8	8		
4	WYE VALLEY RUNNERS	35	7	7		
5	LUDLOW RUNNERS	44	6	6		
6	HEREFORD TRIATHLON CLUB	58	5	5		
7	WYE VALLEY RUNNERS 'B'	67	4	4		
8	LUDLOW RUNNERS 'B'	82	3	3		
9	WYE VALLEY RUNNERS 'C'	91	2	2		
10	CROFT AMBREY R.C. 'B'	108	1	1		