

Herefordshire Cross Country League 2011-2012

<u>RACE 2</u>	<u>CROFT CASTLE MEN</u>		<u>Date</u>	<u>Nov. 13th. '11</u>
<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
1	Jon Barnes	Wye Valley Runners	J.M.	46.35
2	Jonny Pugh	Builth & District R.C.	S.M.	48.13
3	Luke Mason	Wye Valley Runners	S.M.	50.02
4	John Pullen	Wye Valley Runners	MV45	50.21
5	Stafford Rees	Rhayader A.C.	MV40	51.52
6	Richard Hughes	Hereford Couriers	MV45	52.15
7	Stuart Moore	Wye Valley Runners	MV40	52.24
8	Russell Adams	Ludlow Runners	J.M.	52.43
9	Cliff Berry	Ledbury & District Harriers	MV45	52.48
10	Mike Link	Hereford Couriers	MV40	53.03
11	Guy Gregory	Ludlow Runners	J.M.	53.16
12	Simon Norwood	Croft Ambrey R.C.	MV40	53.28
13	Jim Hicks	Wye Valley Runners	S.M.	53.56
14	Tom Roo	Ludlow Runners	S.M.	54.27
15	Neil Powell	Croft Ambrey R.C.	MV40	54.32
16	Dave Williams	Hereford Couriers	MV45	55.07
17	Eliot Taylor	Hereford Couriers	S.M.	55.43
18	Dave Ameghino	Croft Ambrey R.C.	S.M.	55.48
19	Jonathan Green	Malvern Joggers	MV50	55.51
20	Nigel Sewell	Malvern Joggers	MV50	56.04
21	Glyn Williams	Presteigne Pacers	S.M.	56.08
22	Dave George	Croft Ambrey R.C.	MV40	56.11
23	Chris Ford	Ledbury & District Harriers	S.M.	56.37
24	Andy Taylor	Hereford Triathlon Club	S.M.	56.53
25	Mark Dykes	Hereford Triathlon Club	MV40	57.00
26	Neil Lewis	Hereford Couriers	MV40	57.05
27	Stuart Austin	Croft Ambrey R.C.	MV45	57.20
28	Martin Carter	Hay Hotfooters	MV45	57.57
29	Mark Paviour	Croft Ambrey R.C.	MV45	58.07
30	Steve Herington	Hereford Couriers	MV60	58.13
31	Mick Ligema	Croft Ambrey R.C.	MV55	58.29
32	Dave Wood	Ledbury & District Harriers	S.M.	58.35
33	Adam Michniok	Wye Valley Runners	S.M.	58.40
34	Luke Williams	Hereford Couriers	S.M.	58.43
35	Geoff Kay	Hereford Couriers	MV55	58.55
36	Ken Piddleston	Rhayader A.C.	MV45	59.15
37	Russell James	Hereford Couriers	MV45	59.19
38	Gavin Jones	Wye Valley Runners	J.M.	59.30
39	Dave White	Hereford Triathlon Club	MV40	59.32
40	John Lyden	Ludlow Runners	MV50	59.36
41	Jack Parry	Builth & District R.C.	MV55	59.37
42	Andy Broad	Hay Hotfooters	S.M.	59.59
43	Paul Bouston	Wye Valley Runners	MV40	60.07
44	Jon Walden	Ludlow Runners	S.M.	60.21
45	Antony Wade	Croft Ambrey R.C.	MV40	60.40
46	Greg Wood	Wye Valley Runners	S.M.	60.45
47	Andrew Cromie	Rhayader A.C.	MV45	60.50
48	Andrew Scott	Malvern Joggers	MV45	61.18
49	Ian Price	Croft Ambrey R.C.	MV60	62.04
50	Mark Warren	Ludlow Runners	MV50	62.19
51	Guy Whitmarsh	Croft Ambrey R.C.	MV65	62.29

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52	Mark Worthing	Hereford Couriers	MV40	63.10
53	Chris Payne	Hereford Triathlon Club	MV50	63.18
54	Ian Dyson	Malvern Joggers	MV55	63.25
55	Jerry Greer	Malvern Joggers	MV50	63.32
56	David Horne	Ledbury & District Harriers	MV50	64.27
57	Richard Lovejoy	Ludlow Runners	S.M.	64.41
58	Gary Lewis	Presteigne Pacers	MV40	64.45
59	Andy Westlake	Presteigne Pacers	MV45	64.50
60	Neil Taylor	Croft Ambrey R.C.	MV50	64.53
61	Chris Bailey	Wye Valley Runners	MV40	64.57
62	Scott Baddeley	Wye Valley Runners	MV40	65.06
63	Tony Bennett	Malvern Joggers	MV40	65.38
64	Mike Shaw	Wye Valley Runners	MV60	65.39
65	Dan Pavitt	Ludlow Runners	MV45	65.40
66	Tom Stokes	Hereford & County A.C.	J.M.	65.45
67	Chris Mason	Wye Valley Runners	MV45	66.19
68	Kevin Barnes	Hereford Couriers	MV45	66.43
69	Brian Davies	Croft Ambrey R.C.	MV65	67.28
70	Robin Bereza	Wye Valley Runners	MV60	67.42
71	Nigel Jones	Wye Valley Runners	MV50	67.55
72	Jason Smith	Wye Valley Runners	MV40	68.01
73	Manu Jardin	Wye Valley Runners	MV40	68.12
74	Ricardo Martins	Wye Valley Runners	S.M.	68.28
75	Daren Lincoln	Croft Ambrey R.C.	MV40	68.39
76	Andrew Blackman	Wye Valley Runners	MV50	68.42
77	Owain Pascoe	Wye Valley Runners	S.M.	68.59
78	Charlie Weller	Malvern Joggers	S.M.	69.00
79	Ralph Lloyd	Wye Valley Runners	MV45	69.11
80	Peter Smith	Wye Valley Runners	MV60	69.26
81	Ian Smith	Wye Valley Runners	MV50	69.35
82	Dave Lloyd	Presteigne Pacers	MV55	70.02
83	Tom Davies	Croft Ambrey R.C.	MV60	70.07
84	David Rouse	Croft Ambrey R.C.	MV55	70.26
85	Clive Richardson	Ludlow Runners	MV55	72.15
86	Ian Foster	Hereford Triathlon Club	MV40	72.39
87	Bill Griffiths	Wye Valley Runners	MV60	73.08
88	Harry Franklin	Wye Valley Runners	MV75	76.00
89	Chris Jolley	Malvern Joggers	MV50	76.15
90	Martyn Rosser	Hay Hotfooters	MV60	76.24
91	Les Chamberlain	Wye Valley Runners	MV60	76.27
92	Dave Mann	Builth & District R.C.	MV45	76.43
93	Don Lovejoy	Ludlow Runners	MV55	78.07
94	Bryan Symonds	Wye Valley Runners	MV65	79.52