

Hereford Cross Country League 2009-10

RACE 2	<u>CROFT CASTLE</u>	<u>MEN</u>	Date	15th. Nov '09
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<u>Pos</u>	<u>Team</u>	<u>Race Scores</u>	<u>Series Points</u>	<u>Total</u>
1	WYE VALLEY RUNNERS	29	20	40
2	HEREFORD COURIERS	30	19	38
3	HEREFORD COURIERS 'B'	78	18	33
4	CROFT AMBREY R.C.	84	17	33
5	LEDBURY & DISTRICT HARRIERS	85	16	34
6	HEREFORD TRIATHLON CLUB	90	15	32
7	WYE VALLEY RUNNERS 'B'	103	14	28
8	CROFT AMBREY R.C. 'B'	134	13	22
9	CROFT AMBREY R.C. 'C'	183	12	17
10	WYE VALLEY RUNNERS 'C'	186	11	23
11	HEREFORD COURIERS 'C'	190	10	23
12	LUDLOW RUNNERS	198	9	19
13	PRESTEIGNE PACERS	223	8	19
14	RHAYADER A.C.	225	7	14
15	WYE VALLEY RUNNERS 'D'	240	6	14
16	CROFT AMBREY R.C. 'D'	255	5	5
17	HEREFORD TRIATHLON CLUB 'B'	258	4	4
18	HAY HOTFOOTERS	270	3	9
19	WYE VALLEY RUNNERS 'E'	305	2	6
20	WYE VALLEY RUNNERS 'F'	339	1	4
21	WYE VALLEY RUNNERS 'G'	380	X	X

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<u>Pos.</u>	<u>Team</u>	<u>Race Scores</u>	<u>Series Points</u>	<u>Total</u>
1	HEREFORD COURIERS	21	10	20
2	WYE VALLEY RUNNERS	30	9	18
3	HEREFORD & COUNTY A.C.	32	8	8
4	CROFT AMBREY R.C.	32	7	12
5	HEREFORD TRIATHLON CLUB	38	6	13
6	BUILTH & DISTRICT RUNNERS	62	5	5
7	LUDLOW RUNNERS	78	4	7
8	WYE VALLEY RUNNERS 'B'	88	3	7
9	RHAYADER A.C.	99	2	3
10	HEREFORD TRIATHLON CLUB 'B'	115	1	7
11	HAY HOTFOOTERS	115	X	2
12	WYE VALLEY RUNNERS 'C'	121	X	X
	CROFT AMBREY R.C. 'B'	X	X	X
	HEREFORD TRIATHLON CLUB 'C'	X	X	X

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