

# Herefordshire Cross Country League 2011-2012

|               |   |                           |
|---------------|---|---------------------------|
| <b>RACE 1</b> | <b><u>CASTLEMORTON COMMON WOMEN</u></b> | Date <b>23th. Oct. 11</b> |
|---------------|---|---------------------------|

| Pos | Name                 | Club                        | Cat  | Time  |
|-----|----------------------|-----------------------------|------|-------|
| 1   | Emma Gooderham       | Malvern Joggers             | FV40 | 44.15 |
| 2   | Ruth Johnstone       | Malvern Joggers             | FV40 | 49.34 |
| 3   | Sue Davies           | Croft Ambrey R.C.           | FV45 | 51.27 |
| 4   | Clara Evans          | Hereford & County A.C.      | J.F. | 52.44 |
| 5   | Alison Cooke         | Hereford Couriers           | FV50 | 53.14 |
| 6   | Paula Moseley        | Hereford Triathlon Club     | FV35 | 53.19 |
| 7   | Alex Champ           | Wye Valley Runners          | FV35 | 54.09 |
| 8   | Sarah Holton         | Hereford Triathlon Club     | FV35 | 55.39 |
| 9   | Sally Bliss          | Hereford Couriers           | FV40 | 56.29 |
| 10  | Sue Sherwood         | Wye Valley Runners          | FV45 | 57.05 |
| 11  | Becci Ansfield       | Wye Valley Runners          | FV35 | 57.53 |
| 12  | Celia Speake         | Builth & District R.C.      | FV40 | 59.02 |
| 13  | Jenny Papworth       | Hereford Triathlon Club     | FV40 | 59.16 |
| 14  | Jenny Jones          | Ledbury & District Harriers | FV45 | 59.32 |
| 15  | Wendy Holmes         | Malvern Joggers             | FV45 | 60.01 |
| 16  | Sharon White         | Malvern Joggers             | FV40 | 60.17 |
| 17  | Joyce Warburton      | Hereford Triathlon Club     | FV40 | 60.25 |
| 18  | Trudy Hackley        | Wye Valley Runners          | FV45 | 60.29 |
| 19  | Nicola Goodwin       | Hereford Triathlon Club     | FV35 | 60.37 |
| 20  | Angela Price         | Hay Hotfooters              | FV40 | 62.08 |
| 21  | Jo Marriott          | Croft Ambrey R.C.           | FV40 | 62.27 |
| 22  | Sharon Edelstyn      | Hereford Triathlon Club     | FV40 | 62.54 |
| 23  | Rebecca Davies       | Wye Valley Runners          | S.F. | 63.25 |
| 24  | Deb White            | Malvern Joggers             | FV40 | 63.50 |
| 25  | Debbie Russell       | Malvern Joggers             | FV35 | 63.50 |
| 26  | Sam Harper           | Croft Ambrey R.C.           | FV35 | 64.49 |
| 27  | Jan Edwards          | Wye Valley Runners          | FV55 | 64.53 |
| 28  | Liza Austin          | Croft Ambrey R.C.           | FV45 | 65.43 |
| 29  | Anne Thorpe          | Ludlow Runners              | FV45 | 65.47 |
| 30  | Lyn Compton          | Wye Valley Runners          | FV45 | 66.01 |
| 31  | Lucy Thomas          | Wye Valley Runners          | S.F. | 66.05 |
| 32  | Suzannah English     | Hay Hotfooters              | FV55 | 66.41 |
| 33  | Sarah Jamieson       | Ludlow Runners              | FV40 | 66.51 |
| 34  | Nondus Banning-Boddy | Rhayader A.C.               | FV60 | 67.07 |
| 35  | Katherine Drabble    | Hereford Triathlon Club     | FV40 | 68.08 |
| 36  | Christine Motteram   | Wye Valley Runners          | FV65 | 68.32 |
| 37  | Sofia Almeida        | Wye Valley Runners          | S.F. | 69.23 |
| 38  | Sheridan Butterfield | Wye Valley Runners          | FV40 | 70.00 |
| 39  | Felicity Gill        | Hay Hotfooters              | S.F. | 70.05 |
| 40  | Sarah Wilding        | Presteigne Pacers           | FV40 | 71.05 |
| 41  | Sally Worthing       | Hereford Couriers           | FV40 | 71.33 |
| 42  | Holly Homan          | Hereford Couriers           | FV35 | 71.33 |
| 43  | Deb Clee             | Presteigne Pacers           | FV40 | 74.47 |
| 44  | Harriet English      | Hay Hotfooters              | FV55 | 76.08 |
| 45  | Paula Randall        | Presteigne Pacers           | S.F. | 77.33 |
| 46  | Carol Stocker        | Presteigne Pacers           | FV55 | 88.43 |
| 47  | Maggie Morris        | Ludlow Runners              | FV50 | 90.23 |
| 48  | Claire Milner        | Hay Hotfooters              | FV55 | 93.38 |
|     |                      |                             |      |       |