

Herefordshire Cross Country League 2011-2012

RACE 1	<u>CASTLEMORTON COMMON WOMEN</u>	Date 23th. Oct. 11
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<u>Pos</u>	<u>Name</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
1	Emma Gooderham	Malvern Joggers	FV40	44.15
2	Ruth Johnstone	Malvern Joggers	FV40	49.34
3	Sue Davies	Croft Ambrey R.C.	FV45	51.27
4	Clara Evans	Hereford & County A.C.	J.F.	52.44
5	Alison Cooke	Hereford Couriers	FV50	53.14
6	Paula Moseley	Hereford Triathlon Club	FV35	53.19
7	Alex Champ	Wye Valley Runners	FV35	54.09
8	Sarah Holton	Hereford Triathlon Club	FV35	55.39
9	Sally Bliss	Hereford Couriers	FV40	56.29
10	Sue Sherwood	Wye Valley Runners	FV45	57.05
11	Becci Ansfield	Wye Valley Runners	FV35	57.53
12	Celia Speake	Builth & District R.C.	FV40	59.02
13	Jenny Papworth	Hereford Triathlon Club	FV40	59.16
14	Jenny Jones	Ledbury & District Harriers	FV45	59.32
15	Wendy Holmes	Malvern Joggers	FV45	60.01
16	Sharon White	Malvern Joggers	FV40	60.17
17	Joyce Warburton	Hereford Triathlon Club	FV40	60.25
18	Trudy Hackley	Wye Valley Runners	FV45	60.29
19	Nicola Goodwin	Hereford Triathlon Club	FV35	60.37
20	Angela Price	Hay Hotfooters	FV40	62.08
21	Jo Marriott	Croft Ambrey R.C.	FV40	62.27
22	Sharon Edelstyn	Hereford Triathlon Club	FV40	62.54
23	Rebecca Davies	Wye Valley Runners	S.F.	63.25
24	Deb White	Malvern Joggers	FV40	63.50
25	Debbie Russell	Malvern Joggers	FV35	63.50
26	Sam Harper	Croft Ambrey R.C.	FV35	64.49
27	Jan Edwards	Wye Valley Runners	FV55	64.53
28	Liza Austin	Croft Ambrey R.C.	FV45	65.43
29	Anne Thorpe	Ludlow Runners	FV45	65.47
30	Lyn Compton	Wye Valley Runners	FV45	66.01
31	Lucy Thomas	Wye Valley Runners	S.F.	66.05
32	Suzannah English	Hay Hotfooters	FV55	66.41
33	Sarah Jamieson	Ludlow Runners	FV40	66.51
34	Nondus Banning-Boddy	Rhayader A.C.	FV60	67.07
35	Katherine Drabble	Hereford Triathlon Club	FV40	68.08
36	Christine Motteram	Wye Valley Runners	FV65	68.32
37	Sofia Almeida	Wye Valley Runners	S.F.	69.23
38	Sheridan Butterfield	Wye Valley Runners	FV40	70.00
39	Felicity Gill	Hay Hotfooters	S.F.	70.05
40	Sarah Wilding	Presteigne Pacers	FV40	71.05
41	Sally Worthing	Hereford Couriers	FV40	71.33
42	Holly Homan	Hereford Couriers	FV35	71.33
43	Deb Clee	Presteigne Pacers	FV40	74.47
44	Harriet English	Hay Hotfooters	FV55	76.08
45	Paula Randall	Presteigne Pacers	S.F.	77.33
46	Carol Stocker	Presteigne Pacers	FV55	88.43
47	Maggie Morris	Ludlow Runners	FV50	90.23
48	Claire Milner	Hay Hotfooters	FV55	93.38