

**‘SHOBDON WOOD SIX’**  
**April 2008**

<b>Position</b>	<b>Time</b>	<b>Name</b>	<b>Club</b>	<b>Category</b>
1	35.03	Matt James	Couriers	SM
2	35.53	Roger Lamb	Mercia Fell Runners	V40
3	36.35	Peter Rigler	Tipton	SM
4	37.01	Luke Mason	Wye Valley	SM
5	37.20	Simon Norwood	Ludlow	SM
6	37.31	Mick Ballantyne	U/A	SM
7	37.55	Terry Conway	Worcester AC	SM
8	38.06	Richie Richards	Wye Valley	V40
9	38.27	Stewart Bellamy	Mercia Fell R	SM
10	38.40	Max Suff	Couriers	V45
11	38.50	Dave Moss	Croft Ambrey	SM
12	39.18	Ian Travis	FRA	V40
13	39.43	Steve Turk	Shrewsbury AC	V40
14	40.10	Mick Ligema	Ludlow	V50
15	40.14	Eliot Taylor	Couriers	JM
16	40.16	Glyn Williams	Presteigne P	SM
17	40.43	Kevin Gummery	Wye Valley	V50
18	40.50	Dave George	Croft Ambrey	SM
19	40.59	Neil Lewis	Couriers	V40
20	41.02	Ross Davidson	Corsham RC	SM
21	41.04	Colin Nolan	Kildare Harriers	SM
22	41.28	Steve Herington	Couriers	V55
23	41.54	Dave Powell	Croft Ambrey	V45
24	42.03	Dave Rouse	Croft Ambrey	SM
25	42.11	Jon Utley	Croft Ambrey	SM
26	42.12	Greg Preece	Ludlow	JM
27	42.48	Steve Littlewood	Couriers	V55
28	42.56	Adrian Norsworthy	U/A	SM
29	43.26	Darran Harris	Croft Ambrey	SM
30	43.32	Mervyn Thomas	Wye Valley	V55
31	43.45	Michael Taylor	Hounslow	V45
32	44.05	Andrew Davies	Telford Harriers	V55
33	44.07	Paul Elliott	Ludlow	V40
34	44.22	Matthew Bailey	Black Pear J	SM
35	44.37	Clive Rowberry	Couriers	V50
36	44.45	Paul Turner	U/A	SM
37	44.49	Ian Price	Croft Ambrey	V55
38	44.54	Dave Horne	Ledbury	V45
39	45.23	Neil Rosser	U/A	V40
40	45.27	Neil Herron	Black Pear J	V45
41	45.39	Ken Buckle	Cheltenham & C	V65
42	45.44	M Sims	U/A	SM
43	45.44	Jonathan Smith	U/A	SM
44	45.50	Neil Collins	Ludlow	V50
45	45.55	David Ameghino	U/A	SM
46	45.57	Alison Cooke	Couriers	FV45
47	46.03	Gary Gunner	Croft Ambrey	V60
48	46.16	Richard Lodge	Aldridge	V55
49	46.19	Kevin Barnes	Couriers	V45
50	46.22	Chris Mason	Wye Valley	V40
51	46.27	Harry Franklin	Wye Valley	V70
52	46.28	Sarah Heath	Wye Valley	FV45
53	46.32	Steve Bellingham	U/A	SM

54	46.38	Suzanne Turvey	Croft Ambrey	JL
55	46.42	James Green	Maldwyn H	SM
56	46.45	Mandy Evans	Presteigne P	FV40
57	46.49	Peter Short	Forest of Dean	V55
58	48.17	David Gould	FRA	V55
59	48.21	Richard Harding	U/A	SM
60	48.22	Carl Stevenson	U/A	SM
61	48.29	Neil Taylor	Croft Ambrey	V50
62	48.54	Nicky Turvey	Croft Ambrey	V45
63	49.09	Adrian Allen	Croft Ambrey	V40
64	49.13	Nobby Noble	Wye Valley	V40
65	49.15	Colin Downey	Dudley Kingswinford	V45
66	49.18	Shelly Perkins	Ludlow	SF
67	49.24	Ann Kerby-Collins	Ludlow	V40
68	49.55	Graham Wood	Ludlow	V50
69	49.59	Kate Hunt	Wye Valley	SF
70	50.15	Jayne Littlewood	Couriers	FV50
71	50.43	Dave Brand	U/A	V45
72	51.14	Ceinwen Slade-Jones	U/A	FV35
73	51.14	Imme Davies	Wye Valley	FV35
74	51.18	Andy Westlake	Presteigne P	V45
75	51.29	Sylvia Zamperini	U/A	FV35
76	51.43	Shane Jordan	NER	SM
77	51.49	Marcus Williams	U/A	SM
78	51.55	Brent Lowson	Croft Ambrey	V45
79	52.42	Jean Maffell	Amazing Feet	FV40
80	52.59	Rob Barker	U/A	V50
81	53.04	Kim Wall	U/A	SF
82	53.06	Richard Wall	Couriers	V45
83	53.09	Lisa Ballantyne	U/A	FV40
84	53.10	Dean Dyer	U/A	SM
85	53.49	Vaughan Griffiths	Ludlow	V40
86	53.50	Hester Davis	U/A	SF
87	53.58	Anne Thorpe	Ludlow	FV45
88	54.08	Philip Jones	Presteigne P	V50
89	54.11	Simon Barton	Couriers	V40
90	54.15	Helen Clarke	Malvern Joggers	FV40
91	54.21	John Payne	U/A	V55
92	54.33	Jane Mapp	Ludlow	FV45
93	54.36	Paul Weston	U/A	V50
94	54.38	Clare Scott	U/A	SF
95	55.16	Don Lovejoy	Ludlow	V55
96	55.28	John Cooper	Presteigne P	V65
97	55.52	Jane Thomas	U/A	FV35
98	56.11	Sven Ojwang	U/A	SM
99	56.14	Fiona Halfpenny	U/A	SF
100	56.25	Adrian Davis	Black Pear J	V40
101	57.10	Sandy Ross	Ludlow	V55
102	57.41	Alan Hodgkiss	Telford AC	V60
103	58.25	Robert Harding	Telford Harriers	V50
104	59.15	Cynthia Cooper	Presteigne P	FV65
105	59.18	Ruth Morgan	Black Pear J	FV40
106	59.41	Maxine Taylor	U/A	FV45
107	59.41	Mike Pullin	U/A	V45
108	61.24	Peter Hogarth	Maldwyn H	V55
109	61.38	Jessica Element	U/A	SF
110	62.03	Jan Edwards	Wye Valley	FV50
111	62.03	Barry Young	Wye Valley	V55

112	62.04	John Holdroyd	Wye Valley	V50
113	63.12	Sue Williams	Ludlow	FV35
114	63.23	David Phillips	Massey Ferguson	V60
115	64.09	Caroline Orrells	Maldwyn H	FV50
116	67.06	Huw Davies	U/A	SM
117	67.06	Louise Eliasson	U/A	FV35
118	68.07	Catherine Davies	Almost Athletes	SF
119	68.08	David Nyhan	U/A	SM
120	69.14	Karen Williams	U/A	FV50
121	69.20	Cath Edwards	Presteigne P	FV40
122	71.28	Lesley Pymm	Centurion	FV55
123	71.38	Bryan Jones	U/A	V70
124	72.28	Helena Johnson	U/A	SF
125	72.28	Steve Powell	U/A	SM
126	74.32	Sarah Green	U/A	SF
127	87.49	Rowan Bailey	Black Pear J	SM
128	87.49	Hannah Knight	Black Pear J	SF

### **TEAM RESULTS:**

#### Ladies:

- 1<sup>st</sup> Wye Valley (21 points): Sarah Heath, Kate Hunt, Imme Davies.  
2<sup>nd</sup> Ludlow Runners (30 points): Shelly Perkins, Ann Kerby-Collins, Anne Thorpe.

#### Men:

- 1<sup>st</sup> Hereford Couriers (26 points): Matt James, Max Suff, Eliot Taylor.  
2<sup>nd</sup> Wye Valley (29 points): Luke Mason, Richie Richards, Kevin Gummery.