

# Herefordshire Cross Country League 2007-2008

<b>RACE 5</b>	<b><u>PRESTEIGNE ----- MEN</u></b>	Date	Feb. 10th. '08
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Pos	Name	Club	Cat	Time
1	Matt James	Hereford Couriers	S.M.	39.44
2	Christian Jones	Wye Valley Runners	S.M.	40.01
3	John Pullen	Wye Valley Runners	MV40	40.16
4	Andy Taylor	Hereford Triathlon Club	S.M.	40.38
5	Stacey Morgan	Croft Ambrey R.C.	S.M.	40.44
6	Simon Norwood	Ludlow Runners	S.M.	40.58
7	Mike Fawcett	Wye Valley Runners	MV40	41.26
8	Sam Goodchild	Wye Valley Runners	S.M.	41.43
9	Bill Lloyd	Hereford Couriers	S.M.	42.15
10	Barry Thompson	Ledbury & District Harriers	S.M.	42.25
11	Frank Cooper	Wye Valley Runners	S.M.	42.28
12	Nigel Mason	Croft Ambrey R.C.	S.M.	42.29
13	Dave Moss	Croft Ambrey R.C.	S.M.	42.58
14	Dave Williams	Hereford Couriers	MV45	43.02
15	Mark Paviour	Presteigne Pacers	MV45	43.09
16	James Howney	Wye Valley Runners	S.M.	43.25
17	Max Suff	Hereford Couriers	MV45	43.34
18	Mick Ligema	Ludlow Runners	MV50	44.28
19	Dan Barnett	Croft Ambrey R.C.	S.M.	44.58
20	Glyn Williams	Presteigne Pacers	S.M.	45.11
21	Kevin Gummery	Wye Valley Runners	MV50	45.31
22	Mike Warrick	Rhayader A.C.	MV55	45.32
23	Neil Lewis	Hereford Couriers	MV40	45.37
24	Steve Herington	Hereford Couriers	MV55	45.44
25	Pat Pearson	Croft Ambrey R.C.	MV40	45.47
26	Stuart Morrish	Hereford Couriers	S.M.	46.02
27	Richard Hornsby	Croft Ambrey R.C.	S.M.	46.08
28	Simon Powney	Croft Ambrey R.C.	S.M.	46.11
29	Bradley Crouch	Ledbury & District Harriers	S.M.	46.15
30	John Lyden	Ludlow Runners	MV45	46.36
31	Neil Jones	Wye Valley Runners	S.M.	46.38
32	Martin Flowers	Wye Valley Runners	MV50	46.41
33	Dave George	Croft Ambrey R.C.	S.M.	46.44
34	David Jones	Builth & District Runners	S.M.	48.01
35	Guy Whitmarsh	Croft Ambrey R.C.	MV60	48.19
36	David Horne	Ledbury & District Harriers	MV45	48.41
37	Bill Layton	Croft Ambrey R.C.	MV55	49.15
38	Jon Utley	Croft Ambrey R.C.	S.M.	49.21
39	Martin Slack	Hereford Couriers	S.M.	49.23
40	Luke Mammatt	Wye Valley Runners	J.M.	49.37
41	Demetris Charalamboui	Croft Ambrey R.C.	MV45	49.51
42	Andrew Cromie	Rhayader A.C.	MV40	49.53
43	Neil Collins	Ludlow Runners	MV50	50.11
44	Gary Lewis	Presteigne Pacers	S.M.	50.38
45	Matt Taylor	Wye Valley Runners	S.M.	50.52
46	Ewan Holland	Wye Valley Runners	S.M.	51.02
47	Peter Smith	Wye Valley Runners	MV55	51.11
48	Ian Davies	Builth & District Runners	MV50	51.18
49	Chris Mason	Wye Valley Runners	MV40	51.28
50	Kevin Barnes	Hereford Couriers	MV40	51.37



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<b><u>RACE 5</u></b>	<b><u>PRESTEIGNE ----- WOMEN</u></b>	Date	Feb. 10th. '08
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Pos	Name	Club	Cat	Time

# Hereford Cross Country League 2007-08

<u>RACE 5</u>		<u>PRESTEIGNE</u>	<u>MEN</u>	Date	Feb. 10th. '08
Pos	Team	Race Scores	Series Points	Cumulative Scores	
1	WYE VALLEY RUNNERS	20	20	97	
2	HEREFORD COURIERS	41	19	98	
3	CROFT AMBREY R.C.	49	18	86	
4	WYE VALLEY RUNNERS 'B'	79	17	85	
5	LUDLOW RUNNERS	97	16	79	
6	HEREFORD COURIERS 'B'	112	15	78	
7	CROFT AMBREY R.C. 'B'	113	14	65	
8	PRESTEIGNE PACERS	134	13	60	
9	LEDBURY & DISTRICT HARRIERS	136	12	41	
10	CROFT AMBREY R.C. 'C'	151	11	42	
11	WYE VALLEY RUNNERS 'C'	163	10	58	
12	RHAYADER A.C.	177	9	9	
13	WYE VALLEY RUNNERS 'D'	207	8	34	
14	CROFT AMBREY R.C. 'D'	231	7	7	
15	LUDLOW RUNNERS 'B'	256	6	35	
16	WYE VALLEY RUNNERS 'E'	272	5	19	
	HEREFORD COURIERS 'C'			38	
	HEREFORD TRIATHLON CLUB			22	
	LUDLOW RUNNERS 'C'			14	
	PRESTEIGNE PACERS 'B'			5	
<u>RACE 5</u>		<u>PRESTEIGNE</u>	<u>WOMEN</u>	Date	Feb. 10th. '08
Pos	Team	Race Scores	Series Points	Cumulative Scores	
1	HEREFORD COURIERS	11	10	50	
2	LUDLOW RUNNERS	36	9	42	
3	WYE VALLEY RUNNERS	40	8	39	
4	PRESTEIGNE PACERS	42	7	32	
5	HEREFORD TRIATHLON CLUB	55	6	24	
6	LEDBURY & DISTRICT HARRIERS	66	5	21	
7	WYE VALLEY RUNNERS 'B'	73	4	17	
8	WYE VALLEY RUNNERS 'C'	87	3	3	
	BUILTH & DISTRICT RUNNERS			8	
	LUDLOW RUNNERS 'B'			7	
	HEREFORD COURIERS 'B'			6	